Critical Care Networks-National Nurse Leads

National Proficiency Framework for Registered Nurses

in Adult Critical Care

STEP 1
Proficiencies

SUPPORTING YOUR JOURNEY.
DELIVERING EXCELLENCE.

September 2026

Step 1 Proficiencies - Disclaimer and copyright

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Learner Name PRINT	SIGNATURE
Lead Assessor/Mentor Name PRINT	SIGNATURE

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Introduction

All Step 1 proficiencies have been designed to provide you with the core generic skills required to care for the critically ill patient safely and professionally in a general critical care unit under the supervision and support of your Mentor, Lead Assessor, and/or Practice Educator.

Step 1 proficiencies will form the first part of your development in critical care and may be included as part of a local Preceptorship programme if you are newly registered.

What you need to demonstrate

You'll need to be able to demonstrate a fundamental underpinning knowledge in relation to all the proficiency statements outlined. You should keep a record of any supportive evidence and reflective practice to assist you during progress and assessment reviews, and to inform your NMC Revalidation.

When to complete the proficiencies

You should aim to complete Step 1 proficiencies within 18 months of appointment or returning to critical care. However, this timeframe will be agreed locally by your line manager and will be dependent on your previous knowledge and experience, your hours and pattern of work, and local service needs.

Supernumerary period

You'll receive a Supernumerary period when joining or returning to the critical care team. This will be agreed locally depending on your circumstances, however all novice intensive care nursing staff (staff new to intensive care, including internationally educated nurses) must be allocated a period of 12 weeks Supernumerary practice to enable achievement of basic specialist proficiency. Proficiencies requiring completion within your Supernumerary period are marked with a ***Supernumerary*** tag.

Learning contract

On starting your critical care development, you will complete a Learning Contract with your Lead Assessor and Unit Manager. This will provide the foundations for:

- Your individual commitment to learning
- Your assessors' commitment to the supervision and support you will require your required manager’s commitment to providing designated time and opportunities to gain experience

How we define proficiency:

The combination of skills, knowledge and attitudes, values, and technical abilities that underpin safe and effective critical care nursing care and interventions.

Step 1 proficiencies Overview of the proficiency framework

These proficiencies are designed for use by registered nurses embarking on a career working in a Level 3 critical care area.
Critical care nurses play a pivotal role in the assessment, care and recovery of those patients who experience critical illness. Their experience, proficiency and knowledge allow them to work both on their own and in partnership with wider multidisciplinary healthcare teams.

Critical care nurses use a range of skills, including:

- Assessing the complex patient
- Interventional application
- Rehabilitation and recovery planning
- Information and knowledge management
- Leadership and risk management
- Decision making
- Communicating
- Influencing and negotiating
- Engagement and facilitation

Nurses are required to provide safe, high-quality services for the public, and support improvements in the critical care environment so that the safety and quality of care is continually enhanced.

The critical care environment is a constantly changing field with emerging technologies and therapies to aid patient recovery through the often-life-threatening illness. Nurses need to ensure they develop and maintain proficiency in practice to meet the challenges presented.

How can you develop proficiency in critical care

You can use these proficiencies to inform your development. Depending on your previous experience, you might already be close to achieving all these proficiencies or might be a long way off and have a lot of development to undertake.

The thought processes you need to go through and the actions you need to take will be similar; the difference will be in the amount of experience that is needed and the level of knowledge required in supporting further development along the steps of proficiency.

These proficiencies describe what it is that an individual is expected and able to do when they are fully functioning as a competent safe practitioner.

How the proficiency framework fits together.

The proficiency framework is divided into 4 sections titled Step 1, Step 2, Step 3 and Step 4.

Step 1
Step 1 has been designed to support the new starter and provides the foundation to critical care nurse proficiency development in practice. It is delivered locally before accessing higher education. Proficiency development starts immediately when the nurse is exposed to the unique environment of critical care, a setting that cares for the most vulnerable of critically ill patients.

Steps 2 and 3

Step 2 and Step 3 have been designed to accompany post registration academic programmes where the learner will gain the necessary depth of related theory and knowledge.

Step 2 proficiencies will allow the nurse to:

- Demonstrate skilled performance in the activity whilst providing enhanced theoretical knowledge and understanding, giving rationale for practice.
- Demonstrate application of knowledge and understanding in relation to relevant policies, procedures and guidelines.
- Participate in problem solving through critical analysis and evaluation of more complex situations.
- Develop more varied critical care experience with minimum supervision and guidance, attaining proficiency in related knowledge and skills.

Step 3 proficiencies will allow the nurse to:

- Demonstrate proficient performance in all the activities specified without direct supervision based upon relevant evidence-based knowledge, intuition and established practice.
- Independently problem solve complex situations and offer solutions through critical analysis and evaluation.
- Supervise and instruct others in a range of activities related to their role and responsibilities.
- Apply knowledge, understanding and research to relevant policies, procedures, and guidelines to critically analyse and improve practice.

STEP 4 proficiencies will allow the nurse to:

- Demonstrate competent performance in all the activities specified without direct supervision and based upon relevant evidence-based knowledge and established practice.

- Independently lead the critical care team to provide safe, quality care and treatment, whilst recognising wider issues and/or challenges and proactively managing them.
- Prioritise workload, workforce requirements and resources and resolve any problems/issues identified.

Step 1 Proficiencies – Assessment

Registered nurses aiming to achieve proficiency through all the Steps will be supported in the clinical area by the local Practice Educator/Lead Assessor/Manager or equivalent and suitably experienced proficient colleagues and mentors.

You will be allocated an Assessor who will oversee your ongoing development. Colleagues and mentors will assist you in achieving proficiency in practice.

The use of Assessment and Development Plans will enable you, mentors, Lead Assessors and Practice Educators (or equivalent) to monitor your development needs and overall proficiency progression.

Adequate time and supervision will be given to you as you progress through the steps, and local areas may need to facilitate placements outside of the normal working environment if exposure to certain subject areas or treatments are limited.

When assessing a critical care nurse against the clinical standard required, the sign off mentor or assessor is asked to specify if the individual nurse can demonstrate proficiency in relation to each statement outlined within the document.

Proficiency must be demonstrated through observation of your practice against the proficiency statements outlined. Your mentor or Lead assessor may, however, use a combination of the following techniques to support their decision:

- Discussion and probing questions
- Simulation
- Completion of associated workbooks
- Reflective practice
- Portfolio
- Record of achievements

Resolving proficiency issues

It is your responsibility to work in collaboration with your Lead Assessor and/or Practice Educator to discuss and agree your developmental needs to achieve proficiency in critical care practice. By following these simple rules, it is hoped you will have a positive experience whilst developing yourself through the 'Steps of proficiency':

- Have regular meetings with your Lead Assessor (at least once every 3 months) to assess your current level of proficiency and set a development plan for your progression.
- Be realistic and not over ambitious.
- Do not sign the Assessment and Development Plan if you are not happy with its contents.
- Bring failure of mentorship in practice and/or ineffective assessor reviews to the attention of the Unit Manager at the earliest opportunity.

Learning contract

The following Learning Contract applies to the Individual Learner, Lead Assessor and Critical Care Lead Nurse/Manager and should be completed before embarking on this proficiency development programme. It will provide the foundations fo

- Individual commitment to learning
- Commitment to continuing supervision and support
- Provision of time and opportunities to gain experience

LEARNER RESPONSIBILITIES
As a Learner, I intend to:

- Take responsibility for my own development
- Successfully complete a period of induction/preceptorship as locally agreed
- Form a productive working relationship with assessors and supervisors
- Listen to colleagues, assessors' and supervisors' advice and utilise coaching opportunities
- Deliver effective communication with patients and relatives, during clinical practice
- Use constructive feedback positively to inform my learning
- Meet with my Lead Assessor at least 3 monthly
- Adopt learning strategies to assist in my development
- Put myself forward for learning opportunities as they arise
- Complete elements in purple as a priority and within the allocated *Supernumerary* period
- Complete all Step 1 Proficiencies within 18 months, or agreed time frame
- Use this proficiency development programme to inform my annual appraisal, development needs and NMC requirements
- Report lack of supervision or support directly to the Lead Assessor and escalate to the Clinical Educator/Lead Nurse or equivalent if not resolved

Lead Nurse/Manager Name (Print).....

Signature: ..... Date.....

LEAD ASSESSOR RESPONSIBILITIES
As a Lead Assessor, I intend to:

- Meet the standards of regulatory bodies (NMC 2018)
- Demonstrate ongoing professional development/proficiency within Critical Care
- Promote a positive learning environment
- Support the learner to expand their knowledge and understanding
- Highlight learning opportunities
- Set realistic and achievable action plans

- Complete assessments within the agreed time frame
- Bring to the attention of the Education Lead and/or Lead Nurse or equivalent concerns related to individual nurse's learning and development
- Plan a series of learning experiences that will meet the individual's defined learning needs
- Prioritise work to accommodate support of learners within their practice roles
- Provide feedback about the effectiveness of learning and assessment in practice

Lead Nurse/Manager Name (Print).....

Signature: ..... Date.....

CRITICAL CARE LEAD NURSE/MANAGER

As a Critical Care Service provider, I intend to:

- Facilitate a minimum of 40% of learners clinical practice hours with their Lead Assessor and/or Practice Educator or delegated appropriate other, within the multidisciplinary team
- Provide and/or support clinical time/placements to facilitate the learner's development and achievement of the proficiency requirements within the agreed time frame
- Regulate and quality assure systems for supervision and standardisation of assessment to ensure validity and transferability of the nurse's proficiency

Lead Nurse/Manager Name (Print).....

Signature: ..... Date.....

Authorised Signature Record

To be completed by any Lead Assessor/Mentor or Practice Educator

Print Name	Sample Signature	Designation	NMC NUMBER	Organisation

Step 1: Tracker Sheet

Proficiency Statement	Date Achieved	Mentor/Assessors Signature

Proficiencies

1.1 Bed space safety

1.1.1 Bedspace safety check completed	Proficiency Fully Achieved Date/Sign
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Demonstrating an awareness of the environmental impact of plastics and single-use materials used in healthcare. Including:** • Optimise the lifespan for consumable items • Discuss the importance of ensuring consumables are used before they expire (stock rotation) • Uses of glove & other PPE appropriately	

1.1.2 Bedspace safety check completed	Proficiency Fully Achieved Date/Sign
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Check electrical equipment is intact and safe to use. Including:** • Battery levels, and charging as appropriate • Visibly clean • Intact and not damaged • Presence of Portable Appliance Testing (PAT) sticker • In date servicing • Following appropriate escalation procedures, if required	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Handover essential patient information including:** • Check patient identification band is in place • Allergy status & infection status • Escalation plan and cardiopulmonary resuscitation (CPR) status • Ensuring contact details are complete	

• If passwords used, communicating clearly with MDT and family	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Check emergency airway equipment is present and functioning, is in sufficient stock and expiry dates. including:** • Self-inflating / flow inflated bag • Anesthetic face masks • Oxygen (O2) cylinders • Flow meters • Heat and moisture exchangers (HME) and catheter mount • Oropharyngeal airways including LMA if required • Suction equipment / catheters, Yankauer sucker	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Check endotracheal tube (ETT) equipment is present and functioning, is in sufficient stock and expiry dates. This should include:** • Endotracheal tube (ETT) is secure • Understanding of what device is used to secure ETT • Length corresponds to insertion documentation • Grade of intubation is documented • Bedside signage to be used if needed • Checking cuff pressure • Appropriate inline suction device is used, documented and checked by practitioners	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Check tracheostomy tube equipment is present and functioning, is in sufficient stock and expiry dates. This should include:** • Tracheostomy tube is secure • Bedside signage present • Suction equipment present • Emergency algorithym at bedspace	

• Emergency equipment present • Cuff pressures and documentation such as size, type, cuff pressure, insertion date, change date are completed	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Ensure all appropriate checks for monitoring and respiratory support devices. Including:** • Alarms switched on and appropriate limits set • Ventilators and monitors • Data accuracy	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Ensure all appropriate checks for invasive lines. Including:** • Assessing the insertion site for signs of infection • Adhering to line-related infection control measures • Checking that lines are secure, patent and labelled • Ensuring appropriate dressing is in situ and dated • Checking transducer sets and lines are labelled • Where appropriate all transduced lines should be rezeroed as per trust policy • Identifying if and when transducer sets and lines need changing	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Ensure all appropriate checks for Nasogastric (NG) / Orogastric (OG) /Naso jejunal (NJ) placement performed. Including:** • Insertion length is checked and compared to previous measurements • Tube is secured • Appropriate skin assessment around site area is completed • Documentation completed	
Supernumerary	

You must be able to undertake this proficiency in a safe and professional manner **Ensure all appropriate checks for other invasive devices (e.g. drains, urethral catheters, faecal management system, intercranial pressure bolt). Including:** • Device and insertion site is checked • Equipment is working, secure and labelled • Appropriate skin assessment around site is completed • Documentation is completed	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Check patient specific targets are set and adhere to these. Including:** • Respiratory and cardiovascular system • Fluid balance • Neurological parameters • Patient specific assessments and additional safety equipment present if needed	

1.2 Promoting patient experience

1.2.1 Promoting a positive patient experience - Promoting psychosocial wellbeing	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to demonstrate through discussion essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Concept of patient-centered care and how it can be incorporated into your practice. Including:** • Physical • Psychological • Social and family • Spiritual, religious and cultural	

You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Common feelings experienced by patients 'Waking up' in critical care. Including:** • Dehumanisation • Loss of self • Loss of control • Loss of time • Loss of hope • Loss of worth • Loss of reality • Loss of choice • Vulnerability and fear	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Impact of key factors on the psychological wellbeing of critical care patients. Including:** • Sensory overload/deprivation • Sleep deprivation • Events during admission • Anxiety and panic • Pain • Effects of pharmacology sedatives and analgesia • Delirium • Pre-existing psychological conditions	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Importance of a patient-centered approach in promoting psychological safety and a professional caring relationship with critical care patients. Including:** • Obtaining consent prior to care • Demonstrating compassion, dignity and kindness • Adjusting communication according to the patient's needs and their understanding • Normalising stress response and encouraging the patient to express	

their feelings • Providing emotional reassurance • Always acting as the patient advocate • Promoting patient autonomy, where possible • Building patient's self-esteem	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Importance of clear communication of treatment care and goals to patients and families**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Provide empathetic care to increase psychological safety and reduce distress in patient. Including:** • Providing emotional reassurance and support • Always acting as a patient advocate • Demonstrating kindness and compassion • Promoting a holistic approach • Orientating patient to time, place and physical location • Recognising and acknowledging fear, stress and anxiety • Assessing and managing pain and ensuring the patient is comfortable and pain free	

1.2.2 Promoting a positive patient experience - Promoting psychosocial wellbeing	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Promote reality where the opportunity arises**	
You must be able to undertake this proficiency in a safe and professional manner **Communicate clearly and appropriately with patients. This should include:**	

• Establishing the patient's understanding • Giving adequate explanations regarding care and treatment in a language the patient can understand, repeating these explanations as often as needed • Using appropriate terms and pacing of information • Providing clear understandable explanations of care • Utilising appropriate communication aids • Utilising appropriate specialist support when required	
You must be able to undertake this proficiency in a safe and professional manner **Encourage and motivate patients to regain independence where able in relevant tasks**	
You must be able to undertake this proficiency in a safe and professional manner **Include patients and families in care and goal setting. This should include:** • Patient and family involvement in care planning • Goal setting and treatment choices • Families to bring personal items i.e. pictures, familiar items, music and toiletries • Families to make entries in the patient diary, where possible	
You must be able to undertake this proficiency in a safe and professional manner **Respect cultural, religious and spiritual needs. This should include:** • Contacting spiritual leaders • Providing opportunities for visitation with spiritual leaders, where appropriate • Meeting the spiritual, religious and cultural needs of the patient	
You must be able to undertake this proficiency in a safe and professional manner **Manage environment factors and/or sedation to promote sleep and psychological wellbeing. This should include:** • Promoting normal sleep patterns	

• Reducing sensory overload • Providing stimulation at appropriate times in the day • Encouraging and motivating patients to achieve independence • Managing pain and sedation •Follow local sleep policy, if provided	
You must be able to undertake this proficiency in a safe and professional manner **Provide psychological support. This should include:** • Giving explanations for loss of time • Keeping a clear and accurate account of the patients progress in their diary (where used) • Reassuring patients that many patients experience similar problems during and following a critical care stay • Referring for psychological support from relevant multi-disciplinary team members if appropriate • Demonstrating empathetic, non-judgmental listening • Providing verbal and written information for any concerns they may have	
You must be able to undertake this proficiency in a safe and professional manner **Provide support for relatives. This should include:** • Establishing the relative's understanding of patient's current situation • Giving adequate explanations regarding care and treatment in a language the relative can understand and repeating these explanations as often as needed • Using appropriate terms and pacing of information given • Providing clear understandable explanations of patient's care • Utilising appropriate communication aids, if needed • Signposting patients and relatives to support groups and/or forums e.g. ICUsteps and Family Liaison Team (if applicable) • Ensuring families and friends are provided with correct contact numbers and visiting times	

1.2.3 Promoting a positive patient experience - Visiting in critical care	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).	

This should include: **Facilitating friends and relatives visiting. Including:** • Local visiting policy, including children, rest periods, pets • Situations of when to discourage visiting or refuse entry to visitors – for example drunk, violent or abusive visitors which would compromise patient, staff and other visitors' safety • Patient consent / data protection, local policies and professional guidance around use of photographs and social media	

1.2.4 Promoting a positive patient experience - Visiting in critical care	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Communicate clearly and effectively with visitors/relatives/external agencies. This should include:** • Establishing a main person who acts as a point of contact for other family members • Communicating information clearly, taking into account the needs of the relatives/visitor • Ensuring that the environment is conducive for effective communication • Documenting appropriate communication to relatives /visitors (e.g. care plan/case notes/communication folder) • Communicating appropriately with external agencies e.g. police, sharing only necessary information in line with data protection principles	

1.3 Respiratory system

1.3.1 Respiratory system - Anatomy and physiology	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **The anatomy and physiology involved in respiration, including:** • Components of the respiratory system • Role and function of the components of the respiratory system in normal respiration • Internal and external respiration • Gas exchange	

You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **The anatomy and physiology of ventilation and perfusion, including:** • Ventilation and lung perfusion (V/Q) • V/Q mismatch and identify patients at risk	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Respiratory failure, including:** • Risk Factors • Signs and symptoms • Type 1 and Type 2 respiratory failure and give examples of conditions which cause these	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Respiratory conditions (1/2), including the following conditions:** • Chronic obstructive pulmonary disease (COPD) • Asthma • Acute respiratory distress syndromes (ARDS / ALI)	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Respiratory conditions (2/2), including the following conditions:** • Pneumonia and Ventilator associated pneumonia (VAP) • Pulmonary embolism	

1.3.2 Respiratory system - Respiratory assessment, monitoring and observation	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised*	

practice). *This should include:* **Observation and monitoring of the patient requiring respiratory care (1/2), including:** • Common causes of airway obstruction • Normal parameters for respiratory observations • Rate/Depth/Pattern respiration • Skin colour, peripheral and central cyanosis • Indications, limitations and factors affecting accuracy of pulse oximetry • Use of accessory muscles • Chest auscultation • Sputum assessment • End tidal carbon dioxide (EtCO2)	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Observation and monitoring of the patient requiring respiratory care (2/2), including:** • Basic Arterial blood gas (ABG) analysis • Normal values • Respiratory metabolic acidosis/alkalosis	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Actions you would take to restore respiratory function in response to observations, including:** • Appropriate airway adjuncts, including potential risks involved (oropharyngeal airway [OPA], nasopharyngeal airway [NPA]) • Oxygen therapy o Indications and prescriptions o Potential complications o Signs and symptoms of oxygen toxicity o Various methods of oxygen delivery, benefits and advantages of each • Various methods of applying humidification	

• Patient positioning • Deep breathing exercises • Effective coughing (including cough assist if used locally) • Liaise / assist with physiotherapy team • Administration of medication (e.g. bronchodilators, pain relief, mucolytics)	

1.3.3 Respiratory system - Respiratory assessment, monitoring and observation	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Provide emotional reassurance and support to patient with respiratory distress**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Undertake and document a full baseline respiratory assessment and ongoing monitoring, including:** • Rate/depth/pattern of respiration • Skin colour • Indications, limitations and factors affecting accuracy of pulse oximetry • Evaluate Work of Breathing / Use of accessory muscles • Chest auscultation • Sputum • End-tidal carbon dioxide (etCO2) • Effective cough	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Perform arterial blood gas (ABG) sampling, including:** • Safely performing arterial blood gas (ABG) sampling • Reporting results to appropriate team members (if necessary), and escalating abnormal results	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Assemble and where relevant use equipment and administer**	

oxygen therapy. This should include assembly and administration of oxygen therapy via: • Nasal cannula • Simple face mask • Venturi system • Reservoir mask • High flow oxygen • Humidified oxygen	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Provide appropriate intervention for patients experiencing airway problems, including:** • Position • Head tilt/chin lift/jaw thrust • Manual ventilation • Seeking appropriate level of assistance	
You must be able to undertake this proficiency in a safe and professional manner **Suction via nasopharyngeal (NP) airway as appropriate**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Set up and use pulse oximetry, including:** • Appropriately selecting probe site • Checking capillary refill time (CRT) and proximal pulses • Assessing limiting factors	

1.3.4 Respiratory system - Non-invasive ventilation (NIV)	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Care and management of the patient requiring non-invasive ventilation (NIV), including:**	

• Indications • Contra-indications • Modes/settings as per local policy • Specific nursing care and patient comfort • Safety considerations for patients receiving NIV • Action plan if NIV fails	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Different devices (interfaces) and rationale for choice**	

1.3.5 Respiratory system - Non-invasive ventilation (NIV)	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Under supervision, manage the patient who requires non-invasive ventilation (NIV), including:** • Accurately monitoring and documenting ventilator observations • Seeking support and advice as appropriate • Setting alarm limits appropriately for specific patients • Evaluating patient comfort, compliance and effectiveness of NIV	

1.3.6 Respiratory system - Intubation	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Indications for rapid sequence induction (RSI) and intubation, and the risks involved.**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Process for rapid sequence induction (RSI) and intubation, including medication**	

You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Roles of team members (including safety checklist)**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Awareness of Difficult Airway Society (DAS) guidelines for management of unanticipated difficult intubations, including:** • The need for a Difficult Airway Plan (plan a, b, c, d)	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Equipment needed for intubation, including:** • Difficult airway trolley and location	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Process and use of cricoid pressure, as directed**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Potential complications of the intubation process**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Reasons for emergency reintubation**	

1.3.7 Respiratory system - Intubation	Proficiency Fully Achieved Date/Sign
You must be able to undertake this proficiency in a safe and professional manner **Assist in intubation under supervision and with support, including:** • Complete Airway, Breathing, Circulation, Disability, Exposure (A-E) assessment of the patient about to undergo a rapid sequence induction • Preparing patient and explaining procedure • Ensuring appropriate set up of the bed space/sufficient monitoring, including setting up capnography • Preparing medications • Preparing appropriate equipment • Involvement of checklist • Checking and confirming position of tube (including EtCO2 monitoring and waveform and bilateral chest rise and auscultation) • Documenting length and position of tube • Checking cuff pressure	

1.3.8 Respiratory system - Invasive ventilation	Proficiency Fully Achieved Date/Sign
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Indications for invasive ventilation / reasons for not intubating**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Care and management of a patient requiring mechanical ventilation, including:** • Endotracheal tube (ETT) position and securement • Cuff pressure • Management of subglottic secretions • Sedation / Analgesia / Paralysis • Ventilator care bundle / VAP Prevention • Safety checks and rationale for setting alarms limits and having	

bedside equipment ready • Need for manual ventilation in an emergency situation	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Modes of ventilation used in the clinical area, including:** • Spontaneous modes • Pressure controlled ventilation • Volume or time cycled ventilation	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Normal parameters of ventilation, including:** • Rate • Tidal volume • Minute volume • Peak inspiratory pressure • Positive end-expiratory pressure (PEEP) • I:E Ratio (Inspiratory : Expiratory Ratio) • Pressure support • Triggers	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Indications for weaning, methods of weaning and extubation, including:** • Knowledge of local guidance	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Management of secretions, including:**	

• Methods of humidification • Physiotherapy • Indications for suctioning • Appropriate monitoring and observations during the procedure • Potential complications associated with suctioning • Removal of subglottic secretions	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Effects of prolonged bed rest on respiratory function**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Actions to be taken in the event of an unplanned extubation**	

1.3.9 Respiratory system - Invasive ventilation	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Under supervision and with appropriate support, manage the patient who requires invasive ventilation, including:** • Monitoring and documenting ventilator observations • Seeking support and advice as appropriate • Setting alarm limits appropriately for specific patients • Adhering to the ventilator care bundle • Monitoring end-tidal carbon dioxide (EtCO2), ABGs (Arterial blood gasses), respiratory parameters and escalates appropriately • Appropriately caring for a patient during weaning • Responding to ventilator alarms and troubleshooting accordingly	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Manage the patient who requires suctioning, including:** • Selecting appropriate suction pressures	

• Selecting appropriate catheter size • Suctioning using the correct technique via: o Naso-oropharyngeal o Endotracheal tube (ET) o Tracheostomy • Monitoring the patient prior to, during and after suctioning • Adhere to infection control measures • Correctly and safely disposing of container/contents/suction equipment • Documenting findings • Informing/liaising with relevant multidisciplinary team (MDT) members	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Under supervision and with appropriate support, manage the patient who requires weaning to extubation, including:** • Recognising when extubation is appropriate in conjunction with team • Appropriately caring for a patient during weaning • With support, extubate the patient • Caring for the patient post extubation	

1.3.10 Respiratory system - Tracheostomy care	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Anatomical position of tracheostomy**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Indications for insertion of a tracheostomy and potential complications during and following tracheostomy insertion**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:*	

Types of tracheostomies and features of tracheostomy tubes, including: • Percutaneous tracheostomy • Surgical tracheostomy • Mini tracheostomy	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Tracheostomy care bundle and National Tracheostomy Safety Project best practice standards**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Tracheostomy safety interventions. This should include the importance of:** • Securing tube safely • Changing/cleaning inner-tube • Checking cuff pressures • Skin assessment, wound care and management • Swallowing screening & assessments, and associated referral pathways	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Tracheostomy emergency algorithm and best practice standards, including:** • Bedside safety equipment, documentation and signage • Escalation for blocked tube and bleeding around site • Unplanned dislodgement or decannulation	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Laryngectomy emergency algorithm and how this differs**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised	

practice). *This should include:* **Risks associated with the use of one-way valves / speaking valves and decannulation caps and safety implications of incorrect use**	

1.3.11 Respiratory system - Tracheostomy care	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Find alternative communication methods appropriate to patient ability**	
You must be able to undertake this proficiency in a safe and professional manner **Perform tracheostomy care, including:** • Caring for the stoma site • Cleaning and changing the inner cannula	
You must be able to undertake this proficiency in a safe and professional manner **Observe and monitor post percutaneous tracheostomy, including:** • Observing an insertion of a percutaneous tracheostomy • Appropriately monitoring the patient following tracheostomy insertion	
You must be able to undertake this proficiency in a safe and professional manner **Observe and monitor post decannulation, including:** • Observing a decannulation • Appropriately monitoring the patient following decannulation	

1.3.12 Respiratory system - Chest drains	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Indications for pleural chest drain insertion, including:** • Pneumothorax • Haemo-pneumothorax • Pleural effusion • Empyema	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).	

This should include: **General care and management of pleural chest drains (1/2), including:** • Indications for use of chest drain clamps • Observation and monitoring of - Drainage - Swinging - Bubbling - Underwater seal - Low pressure suction	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **General care and management of pleural chest drains (2/2), including:** • Bottle / cannister changes • Dressings • Removal - indications for removal and removal process • Contraindications • Analgesia	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Potential complications associated with chest drains**	

1.3.13 Respiratory system - Chest drains	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Prepare the equipment ready for insertion**	
You must be able to undertake this proficiency in a safe and professional manner **Observe and assist with chest drain insertion**	

1.3.14 Respiratory system - Associated pharmacology	**Proficiency Fully Achieved Date/Sign**
Supernumerary	

You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Commonly used medications for respiratory care and their effects, including:** • Bronchodilators/nebulisers • Mucolytics • Steroids • Sedation/paralysing agents • Antibiotics • Analgesics	

1.3.15 Respiratory system - Prone positioning	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Rationale for placing patients in prone position and why this might cause tissue or nerve injury**	

1.4 Cardiovascular system

1.4.1 Cardiovascular system - Anatomy and physiology	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Structure and function of the heart (include chambers and valves)**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Major/minor blood vessels**	
Supernumerary	

You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Oxygenated/deoxygenated blood flow**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Stages of the cardiac cycle**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Components of blood pressure (BP= COxSVR; Blood pressure= Cardiac output x Systemic vascular resistance)**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Determinants of central venous pressure**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Cardiac conditions, including:** • Hypertension • Peripheral vascular disease • Angina (stable/unstable) • Myocardial infarction • Left ventricular failure • Cardiomyopathy • Acute coronary syndrome	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Negative effects of prolonged bed rest on cardiovascular function**	

1.4.2 Cardiovascular System - Assessment, monitoring and observation	Proficiency Fully Achieved Date/Sign
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Indications for haemodynamic monitoring in relation to the critically ill adult, including:** • Invasive • Non-Invasive	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Sepsis identification criteria and risk factors, including:** • Sepsis -3 task force new definitions and clinical criteria of sepsis and septic shock (2016) • NEWS2 (National Early Warning Score) in identifying sepsis • Sepsis screening tool to identify red and amber flag sepsis • Sepsis 6 - Early resuscitation phase of sepsis	

1.4.3 Cardiovascular System - Assessment, monitoring and observation	Proficiency Fully Achieved Date/Sign
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Assess and monitor the patient requiring cardiovascular support**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Undertake and document a full cardiovascular assessment, including:** • Pulse/Electrocardiograph (ECG) • Blood pressure including mean arterial pressure (MAP) • Central venous pressure (CVP) • Temperature • Fluid balance, including input and output • Capillary refill time • Skin turgor • Skin colour • Limb temperature	

• Checking blood results (biochemical markers) and identifying and escalating abnormal results	
You must be able to undertake this proficiency in a safe and professional manner **Perform a 12 lead electrocardiogram (ECG)**	
You must be able to undertake this proficiency in a safe and professional manner **Perform vascular observations, including:** • Pulses • Perfusion • Colour • Warmth • Movement • Sensitivity • Temperature • Capillary refill	

1.4.4 Cardiovascular system - Arterial access	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Indications for arterial line insertion**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Choice of arterial cannula sites**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Associated hazard** **s and complications of arterial cannulas/lines**	

Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Normal and abnormal arterial waveform patterns**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Reasons for the removal of an arterial cannula**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **How a transducer system works (arterial access)**	

1.4.5 Cardiovascular system - Arterial access	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Prepare for and assist in the safe insertion of an arterial cannula**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Manage the arterial line (1/2). This should include:** • Apply an aseptic non-touch technique (ANTT) approach to arterial line management • Preparing and priming a transducer system • Attaching a transducer to an arterial cannula and ensuring safety checks are complete	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner*	

Manage the arterial line (2/2). This should include: • Zeroing a transducer system • Identifying when re-zeroing is required	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Set appropriate arterial alarm limits**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Apply appropriate arterial line dressing**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Obtain a blood sample from the arterial cannula**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Safely remove an arterial cannula**	

1.4.6 Cardiovascular system - Central venous access	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Indications for central venous access device (CVAD) insertion**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).*	

This should include: **Choice of sites for a CVAD**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **How a transducer system works (central venous access)**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Associated hazards and complications of central venous catheters and systems. Including:** • Air embolus • Bleeding • Line infection • Bacteraemia	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Normal and abnormal waveform patterns**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Reasons for the removal of a CVAD**	

1.4.7 Cardiovascular system - Central venous access	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Safely prepare for and assist with the insertion of a central venous catheter**	

You must be able to undertake this proficiency in a safe and professional manner **Position the patient for insertion/removal of a central venous catheter to minimise hazards but maintain safety at all times**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Check the line position before use in accordance with local policy**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Manage the central venous catheter (1/2). This should include:** • Apply an aseptic non-touch technique (ANTT) approach to CVAD care and management • Preparing and priming a transducer system • Attaching a transducer to a central venous catheter and ensuring safety checks are complete (labels are applied, central venous catheter documentation is completed)	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Manage the central venous catheter (2/2). This should include:** • Zeroing a transducer system • Identifying when re-zeroing is required	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Set appropriate central venous pressure alarm limits**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Apply an appropriate CVAD dressing**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Obtain a venous sample from the CVAD**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Safely remove a CVAD**	

1.4.8 Cardiovascular system - Managing fluid replacement	Proficiency Fully Achieved Date/Sign
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Fluid compartments and the movement of fluids between them**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **The risks, benefits and harms of intravenous fluids**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Clinical indications that necessitate fluid intervention**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Differences between colloids, crystalloids and blood products**	

1.4.9 Cardiovascular system - Managing fluid replacement	Proficiency Fully Achieved Date/Sign
You must be able to undertake this proficiency in a safe and professional manner **Recognise altered fluid status (fluid depletion or overload)**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Administer fluids appropriately to patient's condition**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner*	

Record patient's fluid balance	

1.4.10 Cardiovascular system - Shock	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Classification and treatment of cardiogenic and hypovolaemic shock**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Classification and treatment of distributive shock. Including:** • Septic shock • Neurogenic shock • Anaphylactic shock	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Different stages of shock**	

1.4.11 Cardiovascular system - Shock	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Recognise and interpret signs and symptoms of shock. Including:** • Cardiogenic shock • Hypovolemic shock • Distributive shock o Septic shock o Neurogenic shock o Anaphylactic shock	
You must be able to undertake this proficiency in a safe and professional manner **Manage shock conditions. Including:** • Following local and national treatment protocols for the management of shock	

• Assessing the effectiveness of the prescribed treatments and interventions and escalating any concerns appropriately	

1.4.12 Cardiovascular system - Managing electrolyte imbalance	Proficiency Fully Achieved Date/Sign
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Normal and abnormal electrolyte values. Including:** • Sodium • Potassium • Magnesium • Calcium • Phosphate	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Factors that contribute to electrolyte imbalances**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **How to recognise and manage abnormal electrolyte values. Including:** • Sodium • Potassium • Magnesium • Calcium • Phosphate	

1.4.13 Cardiovascular system - Cardiac rhythms	Proficiency Fully Achieved Date/Sign
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).*	

This should include: **Normal cardiac conduction pathway**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Monitoring and interpretation of basic 3 or 5 lead electrocardiogram (ECG)**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Normal Sinus rhythm**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Life threatening cardiac dysrhythmias and their management according to BLS/ILS guidelines. Including:** • Ventricular tachycardia • Ventricular fibrillation • Asystole • Pulseless electrical activity (PEA)	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Other common cardiac dysrhythmias. Including:** • Bradycardia • Tachycardia • Ectopic beats • Atrial fibrillation • Supraventricular tachycardia (SVT) • Atrial flutter	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised	

practice). *This should include:* **Your role within the cardiac arrest team**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Location of resuscitation equipment**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Application and use of resuscitation equipment**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Emergency drugs used in cardiac arrest**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Post arrest management strategies**	

1.4.14 Cardiovascular system - Associated pharmacology	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Indications for and the basic effects of medications (giving examples of those commonly used within your own area).** **Including:** • Inotropes • Vasopressors	

• Vasodilators • Anti-arrhythmic • Anti-hypertensive • Diuretics	

1.4.15 Cardiovascular system - Associated pharmacology	Proficiency Fully Achieved Date/Sign
You must be able to undertake this proficiency in a safe and professional manner **Safely prepare, administer and titrate (under supervision) cardiovascular medication. Including:** • Preparing and administering medications used to support the cardiovascular system • Titrating medication under supervision to achieve targets set by medical staff or local guidelines	

1.5 Renal system

1.5.1 Renal system - Anatomy and physiology	Proficiency Fully Achieved Date/Sign
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Renal system anatomy and physiology**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Functions of the kidney. Including:** • Regulation of fluid and electrolyte balance • Acid-base balance • Hormonal function	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Production of urine and regulation of electrolytes. Including:** • Filtration	

• Reabsorption • Secretion	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Renal blood supply**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Causes of acute kidney injury: Pre-renal. Including:** • Absolute fluid loss • Relative fluid loss • Impaired cardiac output (relating to heart failure and sepsis) • Medications	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Causes of acute kidney injury: Intra-renal (intrinsic kidney failure). Including:** • Glomerular disease • Vasculitis • Rhabdomyolysis • Myeloma • Toxins including nephrotoxic drugs (Non-steroidal anti-inflammatory drugs [NSAIDs], Angiotensin-converting enzyme [ACE] inhibitors, Loop diuretics) • Contrast medium • Untreated pre-renal failure	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Causes of acute kidney injury: Post-renal (obstruction). Including:** • Blocked urinary catheter • Stones • Enlarged prostate • Neurogenic bladder	

You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Differences between acute and chronic renal failure. Including:** • Risk factors • Diagnostic Criteria	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Indications for when renal replacement therapy (RRT) may be required in relation to:** • Fluid overload • Hyperkalaemia • Metabolic acidosis • Toxin clearance	

1.5.2 Renal system - Assessment, monitoring and observation	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Methods of measuring and recording fluid output. Including:** • Urine output • Fluid loss from drains • Gastrointestinal loss (including vomit, nasogastric drainage, faeces) • Problems recording loss during operative procedures • Bleeding (external and internal) • Insensible loss (different routes and specific patients at risk)	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Methods and techniques for monitoring the fluid status, balance and renal function of individuals in critical care at risk of renal deterioration (1/2). Including:**	

• Recognition of fluid depletion • Recognition of fluid overload • Maintenance of daily fluid balance charts • Patient weight • Urine output relative to patient's weight	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Methods and techniques for monitoring the fluid status, balance and renal function of individuals in critical care at risk of renal deterioration (2/2). Including:** • Renal blood profile • Creatinine clearance • Urinalysis • Glomerular filtration rate (GFR) • Bedside bladder scan, renal tract or bladder ultrasound	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Basic considerations in renal failure. Including:** • Nephrotoxic drugs • Drug dose adjustments in renal failure • Fluid overload • Hyperkalaemia	

1.5.3 Renal system - Assessment, monitoring and observation	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Determine the monitoring needs for the individual at risk of deteriorating renal function**	
You must be able to undertake this proficiency in a safe and professional manner **Measure and record fluid balance and report abnormalities appropriately**	
You must be able to undertake this proficiency in a safe and professional manner **Identify normal parameters of electrolytes. Including:** • Urea and creatinine	

• Potassium • Chloride • Sodium • Bicarbonate • Haemoglobin	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Identify factors which may affect the assessment of renal function (e.g. blocked catheters and urinary retention)**	
You must be able to undertake this proficiency in a safe and professional manner **Evaluate the effectiveness of fluid replacement**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Care for a urinary/urinary tract catheter. Including:** • Administering appropriate care to the patient with a urinary/urinary tract catheter • Utilising locally available equipment o Catheterisation equipment o Urometers o Bladder scanners	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Weigh patients routinely**	
You must be able to undertake this proficiency in a safe and professional manner **Refer patients with acute kidney injury (AKI) undergoing renal replacement therapy (RRT) to dietician for further nutritional assessment**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Record hemodynamic parameters as directed**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Appropriately seek help in the presence of abnormal physiological/pathological results**	

1.5.4 Renal replacement - Renal replacement therapy (RRT)	Proficiency Fully Achieved Date/Sign
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **The principles of renal replacement therapy including:** • Ultrafiltration • Convection • Diffusion • Adsorption	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Types of renal replacement therapy (RRT) available in your clinical area and the differences between each for:** • Continuous veno venous haemofiltration (CVVH) • Continuous veno venous haemodialysis (CVVHD) • Continuous veno venous haemodiafiltration (CVVHDF) • Sustained low-efficiency daily dialysis (SLEDD) • Slow continuous ultrafiltration (SCUF) • Intermittent haemodialysis (IHD) • Peritoneal dialysis	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Complications associated with renal replacement therapy (RRT) and how these can be managed/prevented. Including:** • Haemodynamic instability • Air Emboli	

• Platelet consumption • Blood Loss • Electrolyte imbalances • Hypothermia • Heparin induced bleeding or thrombocytopenia	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Use of anticoagulation during renal replacement therapy (RRT). Including:** • Rationale for choice of anticoagulation • Indications and contraindications and effects of anticoagulants for renal replacement therapy (RRT) • Method of administration and monitoring required (including point of care testing)	

1.5.5 Renal replacement - Renal replacement therapy (RRT)	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Assist with vascular catheter line insertion, maintaining asepsis**	
You must be able to undertake this proficiency in a safe and professional manner *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Prepare the equipment required as per renal prescription**	
You must be able to undertake this proficiency in a safe and professional manner *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Set up the filter machine ready for use as per renal prescription**	

You must be able to undertake this proficiency in a safe and professional manner *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Perform the required point of care testing and blood profile pre-treatment and take appropriate action**	
You must be able to undertake this proficiency in a safe and professional manner *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Correctly set and monitor the blood flow, dialysate flow and fluid loss to achieve prescribed fluid balance**	
You must be able to undertake this proficiency in a safe and professional manner *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Check the prescription of anticoagulation and prepare this if required**	
You must be able to undertake this proficiency in a safe and professional manner *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Assist in connecting the patient to the prescribed treatment therapy utilising an aseptic technique**	
You must be able to undertake this proficiency in a safe and professional manner *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Change prescribed filtration fluids, and empty effluent bags adhering to infection prevention principles**	
You must be able to undertake this proficiency in a safe and professional manner *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Monitor and record appropriate filter pressures and explain their relevance to signs of filter clotting, including:**	

• Access Pressure • Return Pressure • Transmembrane Pressure (TMP)	
You must be able to undertake this proficiency in a safe and professional manner *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Identify the main alarm categories and their relevance**	
You must be able to undertake this proficiency in a safe and professional manner *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Perform point of care testing and blood profiles during treatment and adjust anticoagulant**	
You must be able to undertake this proficiency in a safe and professional manner *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Identify what selections are available to end treatment and assist in the discontinuation of treatment, appropriately disposing of waste products. This should include:** • Temporary disconnection and recirculation when appropriate	
You must be able to undertake this proficiency in a safe and professional manner *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Clean filtration machine and store as appropriate**	
You must be able to undertake this proficiency in a safe and professional manner *NB. This proficiency is to be achieved in centres which deliver renal replacement therapy* **Observe vascular catheter line insertion site, undertake routine dressing changes, maintaining line patency, asepsis and documentation**	

1.6 Gastrointestinal system

1.6.1 Gastrointestinal system - Anatomy and physiology	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Anatomy and physiology of the gastrointestinal tract and digestion, including:** • Oral cavity and swallowing • Oesophagus • Stomach • Small bowel • Large bowel • Appendix • Rectum	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Pancreas, including:** • Anatomy of the pancreas • Connection to the gastrointestinal tract • Endocrine functions - Function and production of insulin and glucagon • Exocrine functions - Digestive enzymes	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Liver and biliary system, including:** • Liver • Gall bladder • Common bile ducts • Spleen	

1.6.2 Gastrointestinal system - Assessment and management of patients with gastrointestinal (GI) conditions	**Proficiency Fully Achieved Date/Sign**

You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Causes of acute gastrointestinal (GI) conditions, including:** • Gastrointestinal (GI) bleed • Bowel obstruction and perforation • Infection including peritonitis • Impaired gut motility	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Causes of pancreatic dysfunction, including:** • Gastrointestinal (GI) bleed • Bowel obstruction and perforation • Infection including peritonitis • Impaired gut motility	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Causes of liver or biliary dysfunction, including:** • Obstruction • Oesophageal varices • Inflammation • Infection (including biliary sepsis) • Cirrhosis • Overdose • Toxicity • Trauma	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Causes of chronic lower GI tract related diseases, including:** • Inflammatory bowel conditions	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).	

This should include: **Common surgical procedures and their relevant indications, including:** • Oesophagectomy • Gastrectomy • Small bowel resection •Hartmann's procedure • Colectomy	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Different types of stomas and adjuncts, and their outputs, including:** • Ileostomy • Colostomy • Ileal conduit (IC) • Mucus fistula	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Indications and contraindications of commonly used medications for gastrointestinal (GI) management, including:** • Prokinetics • Laxatives • Anti-diarrhoeal • Insulin/hypoglycaemic agents • Probiotics • Antibiotic • Antifungal • Stress ulcer prophylaxis • Anti-emetics	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Monitoring and management of intra-abdominal pressure**	

1.6.3 Gastrointestinal system - Assessment and management of patients with gastrointestinal (GI) conditions	Proficiency Fully Achieved Date/Sign
You must be able to undertake this proficiency in a safe and professional manner **Perform abdominal assessment and reports any significant findings appropriately**	
You must be able to undertake this proficiency in a safe and professional manner **Assess, monitor and manage bowel function, including:** • Using the Bristol Stool Chart • Preventing and managing diarrhoea / constipation • Using faecal management systems	
You must be able to undertake this proficiency in a safe and professional manner **Assess for, and manage constipation, including:** • Fluid management • Pharmacological management • Tissue viability issues • Patient dignity • Using bowel management protocols appropriately • Liaising with dietitian	
You must be able to undertake this proficiency in a safe and professional manner **Assess for, and manage diarrhoea, including:** • Fluid management • Pharmacological management • Tissue viability issues • Patient dignity • Using bowel management protocols appropriately (including faecal management systems) • Liaising with dietitian	
You must be able to undertake this proficiency in a safe and professional manner **Monitor and review a patient's biochemistry and haematology results in relation to gastrointestinal (GI) function**	
You must be able to undertake this proficiency in a safe and professional manner **Monitor and document abdominal wounds, drains and stoma site and escalate any concerns, including:** • Output • Colour and volume • Positioning	

• Pain/ discomfort • Signs of infection	

1.6.4 Gastrointestinal system - Nutrition in critical illness	Proficiency Fully Achieved Date/Sign
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Nutritional needs of adults and how to maintain a healthy gut, including:** • Food groups required • Calorific intake • Normal blood sugar levels	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Factors contributing to nutritional impairment in critical illness**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Assessment and management of nutritional needs for a critically ill patient, including:** • Local guidelines/ nutritional care bundles • Assessment tools appropriate for use in critical care	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Re-feeding syndrome**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:*	

The assessment and management of patients with endocrine disorders, including: • Monitoring and management of patients with Hyperosmolar hyperglycaemic state (HHS) and Diabetic ketoacidosis (DKA) • The differences between Hyperosmolar hyperglycaemic state (HHS) and Diabetic ketoacidosis (DKA)	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Liaison and referral to the multidisciplinary team (MDT), including:** • Dietitian team • Pharmacy team • Speech and language therapy team	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Rationale for maintaining oral nutrition where possible and measures to support this, including:** •Maintaining food record charts •Menu choices / snacks / nourishing drinks to promote calorie and protein intake •Nutritional supplements •Assisted feeding for patients with motor weakness, altered swallowing and cognitive impairment	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Routes for delivering enteral nutrition (including the indications for use) for:** • Nasogastric (NG) tubes • Orogastric (OG) tubes • Nasojejunal (NJ) tubes • Gastrostomy (Percutaneous endoscopic gastroscopy (PEG) • Radiologically inserted gastrostomy (RIG) • Jejunostomy tube (J-tube)	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised	

practice). *This should include:* **Parenteral nutrition (including the indications for use)**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Risks to patients from orogastric / nasogastric tube insertion, referring to national patient safety publications**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Considerations before and during insertion of a NG/OG tube, including:** • Insertion and care of Nasogastric (NG)/ Orogastric (OG) tubes • Indications, contraindication and considerations prior to Nasogastric (NG)/ Orogastric (OG) insertion • Correct procedure for placement of nasogastric (NG) tubes • Need for confirmation of placement and documentation	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Maintenance of a NG/OG/NJ tube, including:** • Prevention and treatment of blocked enteral feeding tubes • Care of enteral feeding tubes • Properties of feeding tubes versus nasogastric tubes used for decompression or drainage • Need for confirmation of placement and documentation • Signs of a misplaced enteral feeding tube and the actions to take	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Nasogastric (NG) feeding in critical care, including:** • Rationale for choice for different types of feeds	

• Complications of nasogastric feeding in critical illness	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Care of the patient receiving Parenteral nutrition (PN), including:** • Specific care of parenteral nutrition lines • Checks required before administration of Parenteral nutrition (PN) • Care and storage of Parenteral nutrition (PN) • Complications of Parenteral nutrition (PN) • Monitoring of patients receiving Parenteral nutrition (PN)	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Care of a patient with a nasojejunal (NJ) tube; insertion, position and care of tube**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Nutritional support for patients with increased alcohol consumption. This should include:** • Vitamin supplementation • Management of raised ammonia levels	

1.6.5 Gastrointestinal system - Nutrition in critical illness	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Regularly assess the patient's nutritional needs using appropriate tools and local guidance, intervene as appropriate**	
You must be able to undertake this proficiency in a safe and professional manner **Insert a nasogastric (NG) tube, adhering to local policies and guidelines, if this usual practice on your unit** • Ensuring no contraindications • Preparing equipment	

• Choosing the correct tube • Measurement of the tube prior to placement • Correctly positioning the patient • Confirming placement using local guidelines • Safely securing the tube • Completion of documentation	
You must be able to undertake this proficiency in a safe and professional manner **Confirm correct placement of a nasogastric (NG) tube. This should include:** • Measurement of the tube • Confirming placement using local guidelines • Safely securing the tube • Completion of documentation	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Safe care and use of enteral devices in the administration of medications/feeds/water. This should include:** • Administering medications suitable for enteral device, with consideration of medication preparations and discussion with pharmacy team • Delivering enteral feeds and/or water in accordance with prescription/s • Assessing the suitability of the enteral device to be used for feeding, prior to use • Delivering care requirements for enteral device/s e.g. cleaning, repositioning, pressure damage, use of bridal	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Manage the care of a patient with a nasogastric (NG) tube. This should include:** • Aspirating tube • Administering medication • Correctly anchoring the nasogastric (NG) device • Monitoring for pressure sore prevention • Completing documentation	
You must be able to undertake this proficiency in a safe and professional manner **Prepare and administer parenteral nutrition**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner*	

Assess, monitor and manage patients receiving nutritional support (enteral and parenteral). This should include: • Blood glucose • Haematological / biochemistry values • Gastric emptying • Bowel motion • Weight • Patient-reported GI complaints	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Monitor and manage blood glucose. This should include:** • Managing hypoglycaemia and hyperglycaemia • Managing variable rate insulin infusion • Identifying when to check for ketones • Managing oral hypoglycaemics • Point of care testing	

1.7 Neurological system

1.7.1 Neurological system - Anatomy and physiology	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Anatomy of the nervous system. Including:** • Gross structures of the central nervous system • Structures of the peripheral nervous system	

1.7.2 Neurological system - Assessment, monitoring and observation	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Purpose and limitations of neurological assessment tools and methods. Including:** • Alert, Confusion, Voice, Pain, Unresponsive (ACVPU) • Glasgow Coma Scale (GCS) • Cardiovascular and respiratory assessment	
Supernumerary	

You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Recommended frequency of neurological assessment and escalation of frequency. Including:** • Alert, Confusion, Voice, Pain, Unresponsive (ACVPU) • Glasgow Coma Scale (GCS) • Pupillary assessment	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Assessment of eye opening and pupillary response. Including:** • Application of the correct stimuli to assess eye opening response • Understand and document the numerical and word descriptors for eye opening • Correct assessment and documentation of pupil response and size	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Assessment of verbal response. Including:** • Correct questioning to assess verbal response e.g. open and specific questions • Focal verbal deficit such as aphasia, receptive and expressive dysphasia • Numerical and word descriptors for verbal response	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Assessment of motor response. Including:** • Patient's ability to obey commands • Comparison of limb response on both sides • Differentiating between normal power, mild weakness and severe weakness • Method and use of pressure stimuli to assess limb response	

• Patient's ability to localise • Normal flexion • Abnormal flexion • Extension • No response	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Normal motor responses to stimulus. Including:** • Abnormal motor responses (focal and generalised deficit) • Causes of abnormal motor responses (neurological and non-neurological)	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Intracranial and extracranial reasons for deterioration in neurological status**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Basic understanding of brain stem death**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Pupil responses. Including:** • Normal pupil response to light • Abnormal pupil response, size, shape • Possible causes for abnormal pupil response	

1.7.3 Neurological system - Delirium assessment and management	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:*	

Relevant best practice, care bundle and NICE guidance. Including: • Strategies to prevent, recognise and treat delirium • Screening for risk factors on admission • Person-centred care • Mental Capacity Act • Importance of accurate assessment/recording and communication between care teams, patient and family • Deprivation of Liberty Safeguards (DoLS)	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Characteristics of delirium. Including:** • Changes in mental state o Inattention o Disorganised thinking o Altered consciousness	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Three clinical subtypes of delirium and their presentation. Including:** • Hyperactive • Hypoactive • Mixed	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Treatment options if delirium is diagnosed. Including:** • Pharmacological management • Non-pharmacological management	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Indications for and implications of applying physical restraints. Including:** • Mental capacity and deprivation of liberty • Legal implications • Local policy and assessment	

• Types of physical restraint • Care of patient required	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Cause and effects of sleep deprivation and sensory overload**	

1.7.4 Neurological system - Delirium assessment and management	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Assessment of delirium using appropriate tool and frequency e.g. CAMICU (Confusion Assessment Method ICU)**	

1.7.5 Neurological system - Sedation assessment and management	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Sedation and indications for use**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Different sedation scoring systems available**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Strategies for administering sedation. Including:** • Types of sedation used in critical care and their effects • Local guidelines on the administration of sedation	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).	

This should include: **The importance of sedation holds and achieving targeted sedation levels**	

1.7.6 Neurological system - Sedation assessment and management	Proficiency Fully Achieved Date/Sign
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Assess the adequacy of sedation in line with local policy, using a sedation scoring tool, such as RASS (Richmond Agitation-Sedation Scale)**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Inform medical and senior nursing staff of problems if desired sedation levels cannot be achieved**	
You must be able to undertake this proficiency in a safe and professional manner **Perform sedation hold as directed**	
You must be able to undertake this proficiency in a safe and professional manner **Assess the need for re-sedation**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Provide emotional reassurance and support for patients when sedated**	
You must be able to undertake this proficiency in a safe and professional manner **Care for the sedated patient. Including:** • A to E assessment • Airway protection • Mechanical ventilation • Hygiene needs • Pressure area care • Nutritional needs • Eye care • Privacy and dignity	

1.7.7 Neurological system - Pain control	Proficiency Fully Achieved Date/Sign
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised	

practice). *This should include:* **Anatomy and physiology relating to pain perception. Including:** • Nociceptive and neuropathic • Types of nociceptors • Nerve fibres • Theories of pain	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Concept of pain as the fifth vital sign**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Types of pain. Including:** • Chronic pain • Acute pain • Break through pain • Withdrawal pain • Neuropathic pain	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Utilisation of a critical care pain assessment tool and know when to seek medical intervention.**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Importance of excluding causes of agitation. Including:** • Constipation • Full bladder and/or blocked urinary catheter • Hypoxia • Poor positioning • Incontinence • Glucose levels	

You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Pharmacological treatment options for different types of pain (1/2). Including:** • Opioid medications • Non-opioid medications • Adjunct medications such as amitriptyline • Non-steroidal anti-inflammatory drugs	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Pharmacological treatment options for different types of pain (2/2). Including:** • Patient controlled analgesia (PCA) and epidurals • Local anaesthetic infusions • Anticonvulsants such as gabapentin and carbamazepine • Analgesic skin patches • The WHO pain ladder and the different routes for pharmacological pain management - topical, enteral, intravenous, bolus for breakthrough, adjuvant	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Advantage of using analgesic drugs in combination**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Non-pharmacological strategies for pain control. Including:** • Deep breathing exercises • Use of heat and cold • Reassurance and control of environmental stimulus • Positioning for comfort	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).*	

This should include: **Use of relaxation and diversion, limiting the noise and lighting to help reduce pain**	

1.7.8 Neurological system - Pain control	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Assess pain score using local scoring system and document findings**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Assess and document physiological signs of pain**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Adjust analgesic infusions as prescribed and administer other prescribed analgesics**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Use positioning and posture to maximise patient comfort**	
You must be able to undertake this proficiency in a safe and professional manner **Communicate effectively with the multidisciplinary team (MDT) ensuring pain relief is reviewed in a timely manner**	
You must be able to undertake this proficiency in a safe and professional manner **Patient Controlled Analgesia (PCA), including:** • Set up • Documentation • Monitoring of patient • Explanation to patient • Safe use of • Contraindications	

1.7.9 Neurological system - Pain control	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner *NB. This proficiency is to be achieved in centres where RN's care for patients with epidurals insitu*	

Epidural Devices, including: • Set up • Documentation • Monitoring of patient • Explanation to patient • Safe use of • Contraindications	

1.8 Fundamentals of care

1.8.1 Fundamental care required by a critically ill patient - Skin integrity	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Anatomy and physiology of the skin. This should include:** • Layers of the skin • Accessory organs • Functions of the skin	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Risk assessments and the nursing responsibilities related to patients at risk of pressure damage**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **High risk areas of the body for pressure damage and risks posed by medical devices (and how this may be prevented)**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Categories of pressure damage as per national guidance and local reporting structures (including deep tissue injury and unstageable categories)**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).	

This should include: **Differences between pressure damage and moisture-associated skin damage**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Practice required to prevent pressure damage. Including:** • Appropriate surface for the identified risk • Repositioning • Incontinence / moisture management • Nutrition • Underweight and overweight patients	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Various pressure relieving devices available locally and the agreed pathway for accessing these**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Importance of collecting and auditing data on pressure area damage in order to improve pressure area care within the clinical area**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Associated costs of pressure damage. Including:** • Cost to the patient in terms of delayed rehabilitation and pain • Financial costs in terms of treatment costs, increased length of stay	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Importance of maintaining high standards of patient's personal hygiene**	

You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Types of wound care management. Including:** • Surgical wounds • Vacuum-assisted dressings • Trauma wounds • Orthopaedic wounds (external-fixator)	

1.8.2 Fundamental care required by a critically ill patient - Skin integrity	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Care of patient's skin integrity. Including:** • Assessing the patient's skin using an appropriate risk assessment tool • Determining the appropriate surface for the identified risk and locating the correct mattress/cushion • Assessing correct use of devices/equipment and that they are in good working order • Ensuring regular visual checks of at-risk areas are carried out	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Mobilise the patient. Including:** • Encouraging the patient to change their position or be repositioned • Managing people and equipment resources in order to achieve positioning objectives, such as the maximum length of time a patient is sitting out in a chair • Regularly repositioning unconscious patient in line with SSKIN Care Bundle tool • Minimising shear and/or friction damage with correct use of manual handling devices	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).	

This should include: **Prevent moisture-associated skin damage**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Safely use manual handling devices**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Treat dry skin with moisturisers**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Perform pressure damage quality assurance and risk assessment. Including:** • Reporting any pressure damage • Measuring the reliability of the care delivered within the clinical area by measuring both pressure damage outcomes and compliance with processes • Preventing pressure damage from endotracheal tube holders, by either repositioning as needed, or using commercial products that avoid pressure • Assessing patient for the potential for device related pressure damage	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Refer patients to other members of the multidisciplinary team (MDT) when specialist input is needed. Including:** • Tissue viability • Dietician • Speech and language therapy • Occupational therapy • Physiotherapy	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).	

This should include: **Perform wound care management in line with tissue viability principles**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Local reporting system for pressure related damage**	

1.8.3 Fundamental care required by a critically ill patient - Joint positioning and range of movement	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Musculoskeletal anatomy and physiology including:** • Major skeletal muscles and their structure • Associated connective tissues • Loss of muscle tone • Identification of joints	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Concept of 'range of movement' and the anatomical structures that could be damaged by poor joint positioning relating to:** • Differentiation between risk for prone/supine position • Joints that are most at risk of damage	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Concept of foot drop and its relevance to critical care rehabilitation**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:*	

Pressure risks from prone positioning and appropriate interventions for prevention	

1.8.4 Fundamental care required by a critically ill patient - Joint positioning and range of movement	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Undertake a full range of passive exercises for the patient at the time intervals specified**	
You must be able to undertake this proficiency in a safe and professional manner **Position patients' ankles to reduce the risk of foot drop**	
You must be able to undertake this proficiency in a safe and professional manner **Apply any appropriate ankle/foot splint for patients at high risk of foot drop**	
You must be able to undertake this proficiency in a safe and professional manner **Identify patients at high risk of joint damage (e.g. long stay, oedematous)**	
You must be able to undertake this proficiency in a safe and professional manner **Position shoulders to prevent excessive joint stretch when lying a patient on their side**	
You must be able to undertake this proficiency in a safe and professional manner **Act as a member of/assist the prone team in prone positioning and repositioning head and upper limb (where practiced)**	

1.8.5 Fundamental care required by a critically ill patient - Venous thromboembolism (VTE) assessment	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Importance of assessing the patient's level of mobility - need for**	

all patients (both surgical and medical patients) with significantly reduced mobility to be venous thromboembolism (VTE) risk assessed (and re assessed as needs change)	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Need to review the patient-related factors identified on the risk assessment against thrombosis risk**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Why any patient at risk of thrombosis should receive thromboprophylaxis in accordance with NICE guidance and local policy**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Types of thromboprophylaxis. Including:** • Pharmacological • Mechanical	

1.8.5 Fundamental care required by a critically ill patient - Mouth care and eye care	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Local oral assessment tools and mouth care guideline**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Risks to patient of poor oral hygiene**	

You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Differences between care requirements of ventilated and self-ventilating patients**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Local eye care guidelines and when to use products available**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Rationale for performing eye assessment and care for sedated patients**	

1.8.6 Fundamental care required by a critically ill patient - Mouth care and eye care	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Assess the mouth using local guidelines/ assessment tools and document findings**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Perform and document mouth care. This should include:** • Ventilated patients • Self ventilating patients	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Perform an assessment of the eye and appropriate eye care**	

1.9 Medication administration

1.9.1 Medicines administration - Intravenous administration: Optimising patient outcomes	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Process of medicine administration in critical care and the importance of working within your own scope of practice. Including:** • Consent • Prescription checks • Correct checking of patient identification • Preparation of medications/infusions • Independent double checking of calculations and medications by registered nurse • Appropriate labelling of medications, according to Trust policy • Administration of medications • Awareness of medication compatibility • Monitoring during administration • Titration of medications to optimise outcomes • Safe discontinuation of medications/infusion • Monitoring post administration • Safe disposal of equipment/administration devices • Supervision and training of others • Documentation of medicine administration • Storage, ordering and obtaining emergency supply of medications • Role and responsibility of prescribers	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Need for continuous monitoring and observation of the patient during administration. Including:** • recognition of the signs and symptoms of adverse drug reaction	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Importance of evaluating an individual's progress during**	

infusion/treatment and manage their medication to achieve optimum outcomes	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Peripheral access sites and devices, relating to:** • Different types of peripheral access sites and devices •Importance of accurate preparation and administration of medicines via peripheral device • Complications associated with peripheral IV therapy (extravasation, phlebitis, occlusion, infection, haematoma, air embolism, irritation, inflammation, loss of sensation) • Insertion site monitoring (VIP) • Insertion site monitoring before, during and after administration • Appropriate use/type of dressing applied	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Central Venous Access Devices (CVAD)and sites , relating to:** • Different types of central access sites and devices (including PICC) • Importance of accurate preparation and administration of medicines via central access devices • Complications associated with central IV therapy (extravasation, phlebitis, occlusion, infection, haematoma, air embolism, irritation, inflammation, loss of sensation) • Insertion site monitoring (VIP) • Insertion site monitoring before, during and after administration • Appropriate use/type of dressing applied	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Infection risks and principles of asepsis in relation to the use of pharmaceuticals and equipment. Including:** • Hand hygiene • Infection control measures • Aseptic non-touch technique (ANTT) standard vs. surgical • CVAD vs. peripheral access	

• Line related sepsis • Appropriate personal protective equipment (PPE)	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Identify how medications are commonly eliminated from the body**	

1.9.2 Medicines administration - Intravenous administration: Optimising patient outcomes	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Titrate and wean off IV medication within prescribed limits, towards a documented target range**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Safely manage medications in relation to compatibility, including:** • Line management • How information can be accessed (Medusa)	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Maintain safe line patency using correct methods**	
You must be able to undertake this proficiency in a safe and professional manner **Identify the physiological effects to the patient expected during medication administration and monitor the patient appropriately**	
You must be able to undertake this proficiency in a safe and professional manner **Appropriately take into account effects of fluid and electrolyte balance in relation to drug administration**	

1.10 Admission & discharge

1.10.1 Admission and discharge - Admission to critical care	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).	

This should include: **Indications and rationale for patient admission to the critical care setting**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **The nursing responsibilities related to patient admission processes. This should include:** • Receiving handover • Ensure patient comfort and patient attached to the monitor • A-E Assessment • Infection control screening • Bloods sent • Assist with line insertions • Notifying Next of Kin of admission • Property list	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Importance of effective teamwork and communication processes. Including:** • Personnel referring, transferring and receiving the patient • Identifying the patient's condition and care needs • Reviewing patient's social history	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Significance of initial patient physical and psychological assessments**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Referral process and associated challenges of emergency admissions, elective admissions and repatriations**	

You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Range of relevant documents that support patient admission to critical care. Including (but not limited to):** • Essential Trust Documentation • Guidelines for the Provision of Intensive Care Services (GPICS) • NHS Adult Critical Care Service Specification • Local Critical Care Admission, Referral and Repatriation Policies • Outreach teams and/or other supportive structures	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Importance of the nurse's role associated with the support and providing information for family members/carers or patient representatives, whilst maintaining confidentiality:** • On admission • During timely updates and explanations • When providing time and opportunity to ask questions and discuss concerns • Documentation of conversations	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Importance of discussing the patient's personal needs/preferences with the family. Including (but not limited to):** • Name • Language spoken • Hearing aids • Glasses • Mobility aids/equipment • Dietary needs	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:*	

Issues related to data protection and patient confidentiality	

1.10.2 Admission and discharge - Admission to critical care	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Provide emotional reassurance and support to patient's on admission to critical care**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Complete appropriate documentation in electronic and paper formats for admission. This should include (but not limited to):** • Completing Intensive Care National Audit and Research Centre (ICNARC) and patient data bases (as per unit policy) • Completing admission documentation, risk assessments and care plans • Completing and using of handover documentation	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Prepare supportive equipment. Including:** • Bed/mattress • Monitors • Oxygen • Suctions • Anaesthetic breathing circuit • Ventilators • Volumetric pumps • Disposables and Personal Protective Equipment (PPE) • Safety /emergency equipment	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Receive the patient, assess, recognise and implement the priorities associated with care activities. This should include:** • Physical and psychological assessment processes • Airway, Breathing, Circulation, Disability, Exposure (ABCDE) assessment • Mental capacity	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Ascertain the patients infection risk and take appropriate steps to**	

isolate and instigate protective equipment as required. This should include: • Completing relevant risk assessments • Undertaking and sending relevant specimens	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Safely handle the patient's property according to our local policy**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Provide timely information to family/carers or patient representatives as appropriate and document the information you relayed**	

1.10.3 Admission and discharge - Discharge from critical care	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Current national, network and local policies, protocols and guidelines in relation to the discharge of patients from a critical care area. Including:** • National Institute of Clinical Excellence - Clinical Guideline (NICE CG 50 & CG 83) • Rehabilitation after Critical illness in Adults, Quality Standard (QS 158) • Outreach Referral • Critical Care Follow Up Clinic Referral	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Importance of a full medication review prior to discharge and the need for all medications and fluids to be prescribed before stepping the patient down. Including:** • Types and methods of taking different medications • Effects, side-effects and potential interactions of different medications and how these should be accounted for in the discharge plan	

You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Roles and responsibilities of all multidisciplinary team (MDT) members involved in critical care patients discharge planning**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Different requirements that need to be considered to support the patient's personal and socio-cultural needs following a critical care stay**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Importance of keeping the individual and family members informed, offering reassurance about what you are doing and any relevant aspects involved in the development of the discharge plan. Including:** • Removal of lines • Removal of monitoring • Follow up/rehabilitation process • Timeframe/ location of discharge • Patient and family aware and understand discharge plan	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Importance of considering the individual's communication difficulties/differences and level of knowledge and understanding about the discharge process**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Range of services provided locally that may be required on discharge from critical care. Including:**	

• Outreach • Pain Service • Dietician • Physiotherapy • Occupational therapy • Speech and language therapy • Palliative and end of life care services • Psychology	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Multidisciplinary team members (MDT) responsible for each aspect of the individual's care plan and rehabilitation needs, and how to appropriately contact them and inform them of the patients discharge from critical care**	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Types of information that must be recorded in relation to different aspects of the discharge plan. Including:** • Discharge summary of critical care stay • Condition at time of discharge (system based approach) • Continuing treatment and rehabilitation plans • Infection risk • Invasive lines/devices • Equipment required	
Supernumerary *You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).* *This should include:* **Additional considerations you need to make when discharging a patient with a tracheostomy. Including:** • Tracheostomy passports/pathways • Safety equipment • Emergency algorithms • Designated wards • Ward staff capacity and capability to receive patients safely • Tracheostomy, education and training • Decannulation • Time of discharge	

• Allied healthcare professional (AHP) support • Critical Care Outreach	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Organisational issues that can impact on patient flow through critical care and the challenges this may cause**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Importance of critical care outpatient follow up services**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Importance of critical care support groups for patients and family/carer**	

1.10.4 Admission and discharge - Discharge from critical care	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Provide emotional reassurance and support to patients on discharge from critical care**	
You must be able to undertake this proficiency in a safe and professional manner **Review all progress reports and interpret the results of observations, tests, assessments and interventions prior to discharge**	
You must be able to undertake this proficiency in a safe and professional manner **Remove all invasive lines/device that are no longer required and discontinue all appropriate monitoring**	
You must be able to undertake this proficiency in a safe and professional manner **Identify the risk associated with discharge**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Obtain discharge National Early Warning Score (NEWS) or**	

equivalent local track and trigger score	
You must be able to undertake this proficiency in a safe and professional manner **In conjunction with medical staff, document a monitoring action plan for ward staff to follow on discharge**	
You must be able to undertake this proficiency in a safe and professional manner **Complete all rehabilitation assessments required on discharge from critical care**	
You must be able to undertake this proficiency in a safe and professional manner **Communicate appropriately with other multidisciplinary team (MDT) members during and following discharge regarding the condition, treatment plans and follow up arrangements. Including:** • Outreach • Pain Service • Dietician • Physiotherapy • Occupational therapy • Speech and language therapy • Palliative and end of life care services • Psychology • Bed management teams/systems • Patient rehabilitation follow up teams	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Provide discharge information and support to the individual and significant others**	
You must be able to undertake this proficiency in a safe and professional manner **Identify the individual's discharge destination and assess the available resources in line with the individual's needs**	
You must be able to undertake this proficiency in a safe and professional manner **Organise any necessary medications, equipment and rehabilitation aids**	
You must be able to undertake this proficiency in a safe and professional manner **Identify any reasons for delay in discharge and initiate any actions you can to resolve the problem**	
You must be able to undertake this proficiency in a safe and professional manner **Monitor for discharge breaches and escalate to nurse in charge**	

1.11 End of life

1.11.1 End of life - Assessment, decision making and initiation of an end of life care plan	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Current national and local policies, protocols and guidelines in relation to End of Life care. Including:** • Capacity, care planning and advance care planning in life limiting illness • End of Life Care Strategy • Leadership Alliance for the care of the Dying People: Engagement with patients, families, carers and professionals (2013) • Respect forms • Guidelines for the Provision of Intensive Care Services (GPICS) • Mental Capacity Act (MCA) • NICE End of life care for adults (NG142) • NICE Care of dying adults in the last days of life (NG31) • Faculty of Intensive Care Medicine (FICM) Care at the end of life: A guide to best practice, discussion, and decision-making in and around critical care •Intensive Care Society (ICS) The transfer of critically ill adults to an outdoor space during end of life care • Intensive Care Society (ICS) The decision making and transfer of critical care patients to their preferred place of death	

1.11.1 End of life - Assessment, decision making and initiation of an end of life care plan	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Ethical dilemmas in caring for the critically ill patient nearing the end of life including organ and tissue donation**	

1.11.1 End of life - Assessment, decision making and initiation of an end of life care plan	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).	

This should include: **Concept of futility and prolonging life**	

1.11.1 End of life - Assessment, decision making and initiation of an end of life care plan	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Legal definitions of death**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Stages a patient may pass through within the dying process**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Application of clinical decision-making models within the critical care setting**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Role of the broader multidisciplinary (MDT) in End-of-Life care and resources required within end-of-life care. Including:** • Palliative care team • Bereavement support • Pastoral care • Specialist organ donation nurse	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Treatment algorithms as part of individualised End of Life Care planning. Including:** • Pain • Nausea • Agitation	

• Dyspnoea • Respiratory tract secretions • Hydration	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Benefits of organ and tissue donation for both donor families and recipients**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Importance of understanding and respecting cultural, religious and spiritual needs of patient and families**	

1.11.2 End of life - Assessment, decision making and initiation of an end of life care plan	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Where appropriate implement rapid discharge policies to the patient's or relatives preferred place of care. Including:** • Handover of plans and goals of care	
You must be able to undertake this proficiency in a safe and professional manner **Effectively communicate with patients/relatives and/or significant others the End-of-Life plan of care**	
You must be able to undertake this proficiency in a safe and professional manner **Identify if the patient has an advance statement or advance decision in place including legal lasting power of attorney for health and welfare.**	
You must be able to undertake this proficiency in a safe and professional manner **Establish if there have been previous treatment escalation plans (TEP), Recommended summary plan for emergency care and treatment (ReSPECT)**	

You must be able to undertake this proficiency in a safe and professional manner **Ensure Do not attempt cardiopulmonary resuscitation (DNACPR) is discussed with patient/family/surrogates and documented in notes by an appropriate medical professional**	
You must be able to undertake this proficiency in a safe and professional manner **Identify potential problems that can arise as individuals progress towards their end of life**	
You must be able to undertake this proficiency in a safe and professional manner **Implement aspects of the individualised End of Life care and treatment plan promptly, in the correct sequence, and at the earliest possible opportunity, so as to achieve the best outcome for the individual**	
You must be able to undertake this proficiency in a safe and professional manner **Ensure the safety of individuals as they progress towards their end of life**	
You must be able to undertake this proficiency in a safe and professional manner **Take prompt and effective action when there is deviation from the agreed care plan**	
You must be able to undertake this proficiency in a safe and professional manner **Ensure death is certified by an appropriately trained professional**	
You must be able to undertake this proficiency in a safe and professional manner **Assist with last offices. Including:** • Assembling all relevant equipment • Seeking guidance on removal of invasive lines and tubes • Facilitating relatives/carer time spend at the bedside • Facilitating emotional, spiritual and religious support • Respect for privacy	
You must be able to undertake this proficiency in a safe and professional manner **Inform family, if not present, in a sensitive and compassionate way. Including:** • Collecting death certificate and patient property	

• Providing support documents • Discussing tissue and/or organ donation	

1.12 Intra and inter hospital transfer

1.12.1 Intra and inter hospital transfer	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **National and local guidelines, protocols and policies for the transfer of critically ill adults, including:** • Guidance for the transfer of the critically ill adult (2026) Intensive Care Society • Guidance for the transfer of critically ill adults to the outdoors (2021) Intensive Care Society • Guidance for the transfer of critically ill adults to an outdoor space during end of life care (2022) Intensive Care Society • The decision making and transfer of critically ill adults to their preferred place of death (2025) Intensive Care Society • Guidance for the repatriation of critically ill patients from international hospitals (2019) Intensive Care Society • Your regional/local transfer guideline • Your regional/local ACCTS guideline • Association of Anaesthetists: Safe Transfer of the brain-injured patient: trauma & stroke (2019)	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Your role in the transfer of a critically ill patient, including:** • Intra Hospital Transfers • Inter Hospital Transfers • Inter Hospital Transfers undertaken by dedicated Adult Critical Transfer Services (ACCTS)	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Indications for transfer from critical care**	

You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Expected sequence of events, including:** • Use of checklists	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Contingency planning/back up considerations**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Importance and implications of time critical transfers**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Communication process with regional ambulance service and ACCTS**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Considerations for transfer decisions, including:** • Responsibility of care during transfer • Consent • Ethical and legal issues of transfers • Proficiency and skills of transferring personnel • Physiological assessment and optimisation pre transfer • Patient history, treatments and diagnostic tests • Risk assessment of patient physiological requirements and maintenance of homeostasis during transit • Infection status	

You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Emergency equipment, transfer bag and associated checklists**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Medication administration during transfer. Including:** • Medication documentation • Importance of sufficient medication for duration of the journey and contingency • Emergency Medication	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Monitoring and equipment required during transfer. Including:** • Transfer Trolley • Mechanical ventilator • Vital signs monitor • Invasive lines • Infusion devices/syringe pumps • Suction equipment • Transfer bag • Spinal board • Additional batteries for above electronic equipment • Calibration of above equipment	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Oxygen for transfer. Including:** • Method of supply • Sufficiency of supply for journey and contingency	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).	

This should include: **Implications of standardised monitoring techniques and explain the necessity/appropriateness of each of the following during transfer:** • Continuous observations • Cardiac rhythm electrocardiograph (ECG) monitoring • Arterial blood pressure versus non -invasive blood pressure • Oxygen saturations • Continuous capnography with wave form analysis in intubated and ventilated patients • Intravenous access - central versus peripheral • Temperature	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Emergency situations that may arise on transfer. Including (but not limited to):** • Airway management • Alternative ventilation methods • Alternative monitoring techniques (non-invasive methods) • Basic and advanced life support • Interpretation of vital signs • Alteration of treatment plans to maintain homeostasis • Titration of medications to optimise condition • Equipment failure • Unforeseen delays	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Process for preparing to transfer the critically ill patient, including:** • Use of risk assessment tools and pre-transfer checklist • Identification of correct patient • Contents of the local emergency/transfer bag and identify the situations in which it may be required • Pharmacology requirements of the patient being transferred • Pre preparation considerations required for drug administration during transfer • Process and sequence of communication required prior to, during and following transfer	

• Safe moving and handling of the individual and equipment being transferred • Needs of family for information about transfer	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Documentation that needs to be completed for intra and inter hospital transfer. Including:** • Risk assessment • Pre-transfer checklist • Inter or Intra Hospital Transfer form • Physiological observation chart • Nursing evaluation/handover documentation • Reporting of clinical incidents when occur • Transfer record/documentation submission to critical care network/ACCTS, where required	

1.12.2 Intra and inter hospital transfer	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Assist in the preparation of transfer equipment and resources, including:** • Airway management • Portable ventilation • Suction equipment • Supplementary gases • Cardiovascular (CV) support • Fluid therapy and pharmacological requirements • Vital sign monitoring • Infusion devices/syringe drivers • Alarm parameters • Transfer bag • Psychological support of patient • Prepare electromechanical devices • Transportation/ Transfer Trolley	
You must be able to undertake this proficiency in a safe and professional manner **Assist in and maintain the safety and continued treatment of the critically ill patient during transfer. Including:** • Monitoring physiological parameters • Protecting the airway, lines and equipment	

• Ensuring continuous infusion of drugs • Calculating consumption and supply of supplementary gases • Checking remaining battery life of equipment	
You must be able to undertake this proficiency in a safe and professional manner **Assist in the care of the family of the patient being transferred**	

1.13 Rehabilitation

1.13.1 Rehabilitation initial assessment and referral	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **An awareness of relevant national guidance, policies and procedures relating to the rehabilitation needs of the critically ill, including** • National Institute of Clinical Excellence Clinical Guideline 83 (NICE CG 83) • Trauma rehabilitation pathways • National Institute of Clinical Excellence Quality Standard 158 (NICE QS 158) • NCEPOD: Recovery Beyond Survival (2025)	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Importance of rehabilitation being identified and started within 24 hours of admission to critical care**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Importance of prescribing rehabilitation, that commences early in the patient's admission, and regular review**	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice).	

This should include: **Identification of rehabilitation needs for adults in critical care, including:** • Rehabilitation pathways • Short clinical rehabilitation assessments • Nutritional assessment tools • Swallowing screening/assessments • Pain assessment tools • Delirium assessments • Referral to relevant multidisciplinary team (MDT) members • Long term rehabilitation assessments • Rehabilitation goal setting • On-going reassessments of needs • Characteristics of Post Intensive Care Syndrome (PICS)	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Rehabilitation requirements of a critical care patient and the services from which you may require advice or input. This should include (but not limited to):** • Pharmacy • Dietician • Physiotherapy • Occupational therapy • Speech and Language therapy • Clinical psychology	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Patient groups that have specific rehabilitation needs, including:** • Trauma patients • Neuro patients • Post intensive care syndrome patients	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Other equipment and resources that may benefit critical care patients with rehabilitation needs. This should include (but not limited to):** •Patient diaries • Mobility aids to promote independence	

• Communication aids • Family presence • Music therapy • Aromatherapy • Massage • Sleep therapy	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice). *This should include:* **Environmental factors in critical care that may impact on rehabilitation, including:** • Noise/alarms • Equipment • Level of activity • Invasive treatments/devices • Isolation • Staffing safely	

1.13.2 Rehabilitation initial assessment and referral	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner, in conjunction with the wider multi-disciplinary team (MDT)* **Identify need for and start rehabilitation within 4 days of admission to critical care or before discharge from critical care (whichever is sooner)**	

1.13.3 Rehabilitation initial assessment and referral	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Identify all allied healthcare professional (AHP) support required for the patient**	
You must be able to undertake this proficiency in a safe and professional manner **Instigate and follow any planned therapy prescribed or recommended by the multidisciplinary team (MDT) members involved in the patients rehabilitation journey**	
You must be able to undertake this proficiency in a safe and professional manner	

Measure the patient's progress against set goals and feedback to the relevant allied healthcare professional (AHP)	
You must be able to undertake this proficiency in a safe and professional manner **Reduce (where possible) the critical care environmental effects on the patient**	
You must be able to undertake this proficiency in a safe and professional manner **Proactively involve the patient and significant others in the rehabilitation process as appropriate and able**	

1.14 Communication

1.14.1 Communication and teamwork - Communicating with critical care patients	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice)* *This should include:* **Importance of adjusting communication to meet individual patient's needs and their understanding, relating to:** • Personal space and positioning • Body language and eye contact • Communication methods and aids • Language • Active listening • Medications • Past medical history • Learning disability	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Awareness of the difficulties that can arise with communication in the critical care environment, in relation to:** • Unconscious patients • Artificial airways • Disorientation • Confusion • Delirium • Withdrawal from communication • Addictions	

• Hallucination • Sleep deprived patients • Patients who lip read (when using personal protective equipment [PPE] face masks and visors)	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Difficulties in recognising and interpreting the patient's non verbal communication. This should include (but not limited to):** • Signs of distress e.g. pain, fear, anxiety • Deterioration in patient understanding • Changes in mental capacity	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **How to support equality and diversity. This should include but not limited to:** • Cultural, spiritual and religious differences • Special Learning Disorder's	

1.14.2 Communication and teamwork - Communicating with critical care patients	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Select the most appropriate methods of communication, including communication aids for the patient. This should include (but not limited to):** • Glasses • Hearing aids • Picture boards • White boards • Speaking valves • Interpreter • Electronic devices	
You must be able to undertake this proficiency in a safe and professional manner **Ensure that the environment for communication is as conducive as possible for effective communication. This should include but not limited to:**	

• Quiet room as appropriate • Appropriate personnel present	
You must be able to undertake this proficiency in a safe and professional manner **Actively listen and respond appropriately to any questions and concerns raised during communication with the critical care patient**	
You must be able to undertake this proficiency in a safe and professional manner **Ensure written documentation reflects the needs of the patient and records any communication that has taken place**	
You must be able to undertake this proficiency in a safe and professional manner **Clarify points to check that the patient and their families understands what is being communicated. This should include:** • Use effective questioning, active listening and summarising to confirm patients and families understanding • Encourage patients and families to ask questions and express concerns or emotions • Explore the patient's perceptions, feelings and informational needs related to the current situation • Assess and confirm the patient's and family's understanding of information provided, using clear rephrasing where needed	

1.14.3 Communication and teamwork - Communicating and team working	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Members of the extended multidisciplinary team (MDT) and the main roles and responsibilities of each in caring for patients in critical care. This should include (but not limited to):** • Critical Care doctors • Parental team doctors • Critical Care nursing team • Critical Care technicians • Specialist nurse • Physiotherapist • Dietician • Pharmacist • Occupational therapist • Speech and Language therapist • Psychologist	

Supernumerary *You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice)* *This should include:* **Importance of referring or responding promptly and appropriately to each member of the multidisciplinary team (MDT)**	
Supernumerary *You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice)* *This should include:* **Most effective and efficient way to communicate with the appropriate team member, including:** • Emergency call • Verbal referral • Written referral • Appropriate documentation	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Identify strategies and mechanisms when a difficulty or problem arises with a multidisciplinary team (MDT) member, patient and family members. This should include (but not limited to):** • Active listening • Using neutral language • Collaborative problem solving • Escalation if unresolved	
Supernumerary *You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice)* *This should include:* **Principles of confidentiality, security and sharing of information about critical care patients**	

1.14.4 Communication and teamwork - Communicating and team working	**Proficiency Fully Achieved Date/Sign**
Supernumerary	

You must be able to undertake this proficiency in a safe and professional manner **Communicate information about your critical care patient in a logical and systematic manner. This should include (but not limited to):** • A - E • SBAR	
You must be able to undertake this proficiency in a safe and professional manner **Deliver shift goals as set by the team leader**	
You must be able to undertake this proficiency in a safe and professional manner **Actively participate in the professional development of other team members**	

1.14.5 Communication and teamwork - Communicating in difficult situations	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Recognise the potential impact of significant news on the wellbeing of patients and families and respond appropriately. This should include (but not limited to):** • Conflict resolution • Psychological support • Bereavement care • Escalation as appropriate	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Importance of establishing rapport**	

1.14.6 Communication and teamwork - Communicating in difficult situations	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Review the individual's notes and all supporting information and consult with colleagues so that you clearly understand the individual's current situation prior to the discussion**	
You must be able to undertake this proficiency in a safe and professional manner	

Provide open and honest information to patients and families at an appropriate level and pace	

1.15 Infection prevention and control

1.15.1 Infection prevention and control	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Identify the sources and routes of contamination, including:** • Sources: o Environment o Healthcare worker o Procedure working space • Routes: o Airborne (aerosol) o Hand (touch) o Direct or indirect from the equipment or the workspace	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Infection process, including:** • The Chain of Infection • Differences between colonisation and infection • Management strategies	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Alert organisms and conditions, including:** • List of organisms identified as alert organisms and conditions • Actions to be taken if alert organisms and conditions are identified • Escalation process for alert organisms and conditions	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Body defence mechanisms relating to:**	

• Normal response to infection • Altered response to infection • Factors affecting the normal body defence mechanism • Why intensive care patients are more at risk of developing infections	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Recognise signs and symptoms of infection relating to:** • Clinical presentation • Inflammatory markers • Microbial results	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Principles of asepsis including:** • Considerations of when to apply clean, aseptic and sterile techniques	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Microorganisms associated with infections, specifically in relation to the critical care environment. This should include (but not limited to) those associated with:** • Ventilator associated pneumonias (VAPs) • Influenza • Catheter related blood stream infections (CRBSIs) • Methicillin-resistant staphylococcus aureus (MRSA) • Clostridium difficile • Vancomycin-resistant enterococcus (VRE) • Carbapenemase producing enterobacterales (CPE) • Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) • Pseudomonas • Klebsiella • COVID 19	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:*	

Current local and national policy and procedures in relation to high consequence infectious diseases (HCIDs) as classified by the UK Health Security Agency	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Assessment of appropriate microbiological results in relation to:** • Other pathological results • Patient's overall clinical condition	
You must be able to demonstrate through discussion, essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Local policies / guidance related to IPC in the critical care environment. This should include (but not limited to) those associated with:** • Communicable disease control • Prevention and management of injuries (including sharps) • Waste management • Safe water management • Decontamination of equipment used for diagnosis and treatment, inclusive of traceability of reusable medical devices • Environmental cleaning • Antimicrobial prescribing and stewardship	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Source and protective isolation and when this is required**	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Correct personal protective equipment (PPE) including:** • Classification of levels of personal protective equipment (PPE) • Use of appropriate level of personal protective equipment (PPE) • Escalation / de-escalation to appropriate level of personal protective equipment (PPE)	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice)	

This should include: **Effective engagement methods with patients, families/carers and visitors about their needs and priorities in relation to infection prevention and control**	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Feedback and reporting mechanisms associated with infection prevention and control issues**	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Practice in line with National and local action plans to deal with occurrences of infection, including Alert organisms, outbreaks and serious untoward incidents**	

1.15.2 Infection prevention and control	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Ensure that suitable and sufficient communication of information on patient's infection status is provided, utilising guidance from the Infection prevention and control (IPC) team, including:** • On admission, discharge and transfer from one health care area or organisation to another • Between health care workers, including displaying appropriate signage • To patients, relatives and visitors with provision of consistent and accurate information supported with appropriate information leaflets • Escalating to nurse in charge appropriately	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Demonstrate effective and appropriate use of strategies to minimise risk of infection spread amongst healthcare workers and patients . Including:** • Donning and doffing of different levels of personal and protective equipment (PPE) • Aseptic non-touch technique (ANTT) • Hand hygiene • Displaying appropriate infection control signage • Informing patients, relatives and visitors of infection risk and control	

measures	
You must be able to undertake this proficiency in a safe and professional manner **Treat a hypothermia and hyperthermia related response to an infection. Including:** • Pharmacological i.e. appropriate use of anti-pyrexial agents according to local policy • Non-pharmacological, where appropriate • Risks associated with treatments	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Demonstrate best practice in the care of patients requiring:** • Source isolation • Protective isolation	
You must be able to undertake this proficiency in a safe and professional manner **Demonstrate understanding of local surveillance, outbreak or incident information and how this would be communicated to the team**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Demonstrate best practice in environmental tidiness and cleanliness. This should include (but not limited to):** • Cleaning and disinfecting items that come into contact with the patient and/or their environment that are not invasive (e.g. beds, commodes, hoists) • Appropriate level of cleaning following patient discharge	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Safely dispose of waste (including sharps and linen)**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Safely store food**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Safely store medical equipment**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Complete bedside damp dusting regime**	

You must be able to undertake this proficiency in a safe and professional manner **Demonstrate best practice in decontamination of reusable medical devices, following manufacturer guidance and local policy. This should include (but not limited to):** • Ventilators/Infusion pumps • Renal replacement therapy (RRT) machines • Humidification equipment • Endoscopic equipment, such as bronchoscopes • Diagnostic equipment • Infusion devices • Monitoring equipment	
You must be able to undertake this proficiency in a safe and professional manner **Demonstrate best and sustainable practice in the use of disposable medical devices, following manufacturer guidance and local policy, applying knowledge of 'single use' and 'single patient use' and discuss when gloves and aprons are unnecessary**	
You must be able to undertake this proficiency in a safe and professional manner **Demonstrate best practice in obtaining, packaging, handling, labelling and transport of biological samples, with reference to local pathology guidance**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Demonstrate safe management of invasive devices and applies safe practices to prevent device related infections. This should include:** • Management of lines, drains and airways, following insertion, and whilst in place • Care and management when accessing all invasive devices	
You must be able to undertake this proficiency in a safe and professional manner **Participate in audit and surveillance activities. This should include (but not limited to):** • Department of Health, Saving Lives High Impact Intervention (HII) • Care bundle audits • Environmental cleanliness audits • Hand hygiene audits	
You must be able to undertake this proficiency in a safe and professional manner **Identify any infection risks and escalate to senior nursing and medical staff**	
You must be able to undertake this proficiency in a safe and professional manner	

Ensure patients who develop an infection receive appropriate and timely treatment, including: • Recognising signs of infection and sepsis and appropriate management • Safe practice in administrating antimicrobial drugs, with reference to local formulary • Safe practice in administrating blood and blood products	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Take appropriate actions to escalate infection prevention and control concerns when safety and quality are compromised**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Ensure safe practice in the event of occupational exposure**	

1.16 Documentation

1.16.1 Documentation - critical care unit documentation	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Critical Care Minimum Data Set (CCMDS) data collection and its relevance within critical care delivery, including:** • Elements of the mandatory data set • Time it should be completed • Definitions of organ support • Accurate completion • Consequence of inaccurate or incomplete data collection	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Intensive Care National Audit and Research Centre (ICNARC) data collection and its relevance within critical care delivery, including:** • Accurate completion • Definitions and criteria • Reasons for participating • Importance of the data analysis	

• Ways in which the data can be used locally • Consequences of inaccurate or incomplete data collection	

1.16.2 Defensible documentation - Patient documentation	Proficiency Fully Achieved Date/Sign
Supernumerary *You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice)* *This should include:* **Use of digital platforms and downtime options when electronic patient records (EPR) are present, including:** • How to access and utilise EPR and associated programmes according to local policy • Appropriate use of templates • An understanding what to do and how to document when EPR systems not available • How to upload supportive documentation such as photographs, according to local policy • Demonstrating good data protection practices	
Supernumerary *You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice)* *This should include:* **Principles behind confidentiality and how these should be applied when much documentation in critical care units is 'open' and potentially accessible to visitors**	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **All aspects of the healthcare record, as used by all members of the multidisciplinary team (MDT)**	

1.16.3 Defensible documentation - Patient documentation	Proficiency Fully Achieved Date/Sign
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Complete the admission process for your patient**	
Supernumerary	

You must be able to undertake this proficiency in a safe and professional manner **Complete the necessary care plans, risk assessments and evaluations**	
You must be able to undertake this proficiency in a safe and professional manner **Provide an accurate, concise, timely and contemporaneous record of your patient's treatment and events, utilising appropriate systems as required**	
You must be able to undertake this proficiency in a safe and professional manner **Ensure physiological results and blood tests are recorded with accurate patient identification.**	

1.17 Mental capacity and safeguarding

1.17.1 Mental capacity and safeguarding adults	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Mental Capacity Act (2005), including:** • The definition of 'capacity' • Key principles of the legislation and their relevance to the critical care patient • Definition of a 'vulnerable adult' or 'adult at risk' • Groups of people covered by the legislation • Meaning of 'best interests' • Issues surrounding consent in critical care • Types of abuse • Indicators of abuse • How to report concerns about possible abuse, including knowledge of safeguarding leads within your local Trust	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **The ways in which a critical illness might alter capacity**	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:*	

The Nursing and Midwifery Council (NMC) The Code (2015) relating to: • Best interests of patients with critical illness •Role of the critical care nurse involved in decision making processes on behalf of adults who lack capacity • Role and principles of the nurse as a patient advocate	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Deprivation of Liberty Safeguards - Code of Practice relating to:** • Recognition of causes of impaired capacity and disturbed thought processes • Individuals who lack the capacity to consent to treatment or care and application in adult critical care	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Strategies and tools available for assessing and recording mental capacity**	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Procedures available for referral of patients presenting with diminished mental capacity** Including: • Role of Independent Mental Capacity Advisors (IMCA) for patients who cannot consent with no NOK	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Advance decisions including:** • Validity and applicability of advanced decisions	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice)	

This should include: **Understanding who to engage with in the multidisciplinary team (MDT) when caring for patients with complex needs, such as Mental health needs, autism, additional learning needs. This may include, but not limited to:** • Family Liaison Nurse • Complex Patient Nurse	

1.17.2 Mental capacity and safeguarding adults	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Acknowledging limitations of proficiency in relation to Mental Capacity and Safeguarding Adults management with reference to: Nursing and Midwifery Council (NMC) The Code (2015)**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Minimise potential sources of harm to the vulnerable individual**	
You must be able to undertake this proficiency in a safe and professional manner **Implement health, safety, security and deprivation of liberty risk assessment (such as for mittens, bed rails, chemical restraints)**	
You must be able to undertake this proficiency in a safe and professional manner **Demonstrate effective communication measures with the patient, families and/or carers and the wider multidisciplinary team (MDT) members, on issues related to diminished mental capacity, using a range of strategies including, but not limited to:** • Handover • Team meetings • Written records	

1.18 Leadership

1.18.1 Leadership - Demonstrating personal qualities	**Proficiency Fully Achieved Date/Sign**
Supernumerary *You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice)* *This should include:* **Self awareness, continuing professional development, acting with integrity, and importance of working within your own sphere of**	

proficiency	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **How to report inappropriate behaviour towards staff/service users**	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Importance of keeping up to date with developments and new resources relevant to critical care**	
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Actions to support sustainability in critical care**	

1.18.2 Leadership - Demonstrating personal qualities	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Prioritise tasks and duties effectively for self and others**	
You must be able to undertake this proficiency in a safe and professional manner **Demonstrate reflective practice by identifying and evaluating personal behaviours, strengths, and areas for improvement, and applying insights from past experiences to enhance future performance**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Maintain health and safety**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Recognise and discuss strategies to address personal stress**	
You must be able to undertake this proficiency in a safe and professional manner	

Manage time constructively and effectively. This should include: • Understanding and prioritising workload • Communicating potential impact on other's workloads including the MDT	
You must be able to undertake this proficiency in a safe and professional manner **Recognise stress in other critical care team members and discuss strategies to support team members and escalate accordingly**	
You must be able to undertake this proficiency in a safe and professional manner **Use feedback to improve performance**	
You must be able to undertake this proficiency in a safe and professional manner **Set own achievable development goals**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Make effective use of learning opportunities**	
You must be able to undertake this proficiency in a safe and professional manner **Apply ethical principles to your practice**	
You must be able to undertake this proficiency in a safe and professional manner **Recognise when ethical issues may conflict with your personal views**	

1.18.3 Leadership - Working within a team	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Recognise, value and encourage contributions of others**	
Supernumerary *You must be able to undertake this proficiency in a safe and professional manner* **Care for the critical care patient as part of the multidisciplinary team (MDT)**	
You must be able to undertake this proficiency in a safe and professional manner **Involve other relevant team members in problem solving and decision making**	
You must be able to undertake this proficiency in a safe and professional manner **Participate in multidisciplinary team (MDT) meetings**	

You must be able to undertake this proficiency in a safe and professional manner **Work collaboratively with colleagues to achieve day to day tasks. This should include (but not limited to):** • Consideration of other's workloads • Achieving common goals • Team satisfaction • Supporting and valuing each other	
You must be able to undertake this proficiency in a safe and professional manner **Build effective relationships and rapport with team members through good communication skills and dealing effectively with communication challenges**	
You must be able to undertake this proficiency in a safe and professional manner **Challenge constructively when your view point differs to others**	
You must be able to undertake this proficiency in a safe and professional manner **Effectively work with a diverse team, acknowledging and respecting social, educational, cultural and sexual orientation differences**	

1.19 Post operative care

1.19.1 Post Operative Care - Anatomy and Physiology	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **Knowledge of post-operative anatomy, physiology, and the effects of surgery and anaesthesia. Depending on your area of work this could include:** • Neurology • ENT (Head and Neck) / Maxillofacial • Obstetrics / Gynaecology • Burns • Spinal and Orthopaedics • Thoracic / Cardiothoracic	

1.19.2 Post Operative Care - Assessment	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice)	

This should include: **Receive handover of patient from theatre and confirm surgery specific parameters, including:** • Situation: who, what surgery, why • Background: Comorbidities, pre-op status • Assessment: Intra-op events, vital signs trends, fluids, blood products • Recommendation: Post op plan, Airway/ventilation monitoring, analgesia, complications to watch • Surgery specifics: Drains, blood loss, positioning, lines, residual issues, post op antibiotics, timing of last antibiotics	

1.19.3 Post Operative Care - Assessment	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Accurately perform and document post-operative assessments, including vital signs, pain scores, wound evaluations, and neurological checks. Including (but not limited to):** • Initial observations and arterial blood gas (ABG) • Biochemistry and haematology • Haemodynamics • Temperature management • Fluid management • Haemorrhage and control of bleeding • Renal assessment and dysfunction • Neurological assessment and dysfunction (monitoring cognitive function) • Wound and wound drain management	
You must be able to undertake this proficiency in a safe and professional manner **Adjust fluid management in relation to patients' physiological condition relating to:** • Crystalloid • Colloid • Blood products	
You must be able to undertake this proficiency in a safe and professional manner **Administer medication within prescribed limits including:** • Analgesia • Sedation • Antiarrhythmics • Electrolytes • Inotropes	

• Vasopressors • Insulin	
You must be able to undertake this proficiency in a safe and professional manner **Manage post-operative drains and respond appropriately to abnormal levels of bleeding**	
You must be able to undertake this proficiency in a safe and professional manner **Assess and respond to post-operative pain as per local policy**	
You must be able to undertake this proficiency in a safe and professional manner **Wean and extubate patient as per local policy**	

1.20 Evidence based practice

1.20.1 Evidenced Based Practice	**Proficiency Fully Achieved Date/Sign**
You must be able to demonstrate through discussion, the essential knowledge of this proficiency (and its application to your supervised practice) *This should include:* **The definition of EBP and its three components, giving examples of how these may apply in Critical Care including:** • Best use of research evidence • Patient values and resources • Clinical expertise and resources	

1.20.2 Evidenced Based Practice	**Proficiency Fully Achieved Date/Sign**
You must be able to undertake this proficiency in a safe and professional manner **Apply existing local, regional and national guidance to your practice**	
You must be able to undertake this proficiency in a safe and professional manner **Complete the CCMDS data set accurately and at the correct time of day**	

Step 1 - Final Proficiency Assessment

Date:

This meeting is to identify that all the proficiencies within Step 1 have been achieved.

PROFICIENCY STATEMENT:

The nurse has been assessed against the proficiencies within this document and measured against the definition of proficiency below by critical care colleagues, mentors and assessors and is considered a competent safe practitioner within the critical care environment:

“The combination of skills, knowledge and attitudes, values and technical abilities that underpin safe and effective critical care nursing care and interventions”.

As part of quality assurance, the nurse is expected to maintain a portfolio of practice as part of NMC regulations and revalidation to support on-going proficiencye and declare any training and/or development needs to their line manager or appropriated other.

Proficiency will be reviewed annually as part of staff personal development plans and evidence of this will be required for NMC revalidation. Where necessary objectives will be set to further develop any emerging proficiency required to work safely within the critical care environment.

LEAD ASSESSORS’ COMMENTS

LEARNERS COMMENTS

Learners Signature: .....

Lead Assessors / Practice Educators Signature: .....

Acknowledgements

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